



# The Head Start Herald

From the ACHR Child Development Program - 950 Shelton Mill Rd, Auburn, AL



September 2019 -King/Edelman Centers

Volume 19 Issue 9

## September Happenings



## Welcome to Head Start/Early Head Start

- 2 HOLIDAY - ALL CENTERS CLOSED -LABOR DAY
- 3 "Healthy & Strong" Booklets go home (King/Edelman)
- 4 Children's Height & Weights Begin-King & Edelman HS
- 6 King/Edelman children bring home "DRAIN" necklace-practice "DRAIN" at home.
- 10 Edelman EHS - Start Lending Library
- 11 Focus First Vision Screenings— All Centers—Accurate vision screening with special camera; photo read by professional. PLEASE SEND CHILD ON THIS DAY!
- 12 Bus Evacuation & Pedestrian Safety Training-King HS Children receive Bus Booklet (See page 2 for more info)
- 13 Bus Evacuation & Pedestrian Safety Training-Edelman HS. Children receive Bus Booklet (More info page 2)
- 13 King/Edelman children bring home "PRETZEL" necklace -practice "PRETZEL" at home
- 17 PARENT MEETING—EDELMAN Families—5:00 pm
- 19 PARENT MEETING—KING Families— 5:00 pm



We are so excited that you are allowing us to give your child a HEAD START. To returning parents, **WELCOME BACK!** We hope that one of your goals for this year will be to increase your participation by 10% over what you did last year.

To new parents, **WELCOME!** We are so happy that you choose Head Start for your child development and family engagement provider. You know we will be doing some exciting things with your children but did you know we do exciting things with parents also? Well we do! Watch for workshops with topics of interest to you; activities for fathers and parent meetings with topics on health issues, education and things you need to know if your child is transitioning to the public school system, to name a few.

Each of you is important to us. All that we do or have planned to do was done with you in mind.

### Things You Need To Know

- School hours are 8 a.m.-1:00 p.m. (to 2:00 pm for EHS). Please have your child in the center on time. Children **MUST** be in class no later than 8:15 a.m. (children are considered late at 8:15, but will be accepted until that time.)
- Dress your child in simple, washable clothing. Shoes should fit securely on your child's feet for safety (no flip-flops or mules).
- Every child needs a change of clothing appropriate for the season. This includes underwear. Please label and then leave these items with your child's teacher—just in case. If your child returns home in that clothing with a bag of damp clothing, please be sure to send another set.
- Attendance is **very** important. Our aim is 100% attendance each day. Children should be present unless they are sick.

Check your parent handbook, "*Hand In Hand*" for more things you need to know. Again, welcome to the Alabama Council on Human Relations, Inc. (ACHR) Head Start/Early Head Start family. We believe that this partnership will be rewarding for you, your child and ACHR.

### Policy Council Corner

See page 2 for information about Head Start Policy Council and Center Committees. We hope you will consider becoming a part of these important service areas. Don't miss important messages about Head Start and ACHR. "Like" us on Facebook (ACHR-Alabama Council on Human Relations). Look for our logo. We communicate via Facebook, newsletters and informational handouts sent home with your children.

### New ACHR.com Web Site

We appreciate those of you who made comments on test versions. You are welcome to comment about things you would like to see. There is an ACHR Family Section which includes the newsletters and menus. Password is *achrFamily*. Branching Out, our community resource manual, is on the web site now (under Information). If you need a hard copy, please ask your Family Engagement Advocate. We will add new pictures now and then, so check the website for that and new things in ACHR Family.

### Sunshine Shop

The Sunshine Shop is open **BY APPOINTMENT ONLY**. You must have a referral from your Family Engagement Advocate, Home Based Parent Educator, or Case Manager. No more than one shopping trip a month per family. Appointments can be re-scheduled IF we were notified in advance the first appointment time had to be cancelled.

Unless someone is referred by an agency outside Head Start, shopping is for *HS/EHS parents/guardians only; please bring ID*.

Appointment times will be scheduled beginning on the hour as follows: Mon., Weds, and Fri. 9-12 & 1:00—3:30. Sunshine Shop is behind Darden) at 301 Avenue E, Bldg. B.

### HAVE A GREAT IDEA FOR OUR NEWSLETTER? PLEASE SHARE IT!



If you would like to send a short general interest item (about twice the size of this box!) for publication in ACHR'S *Head Start Herald* or the webs site please e-mail it to [alma.gholston@achr.com](mailto:alma.gholston@achr.com) to share your idea. We welcome ideas and articles from parents!

## Health Topics (Health Nutrition/Dental/Safety/Disabilities/Mental Health)



When you see "Health Notes" each month, the column will be about any of the topics listed above.

### IMPORTANT BUS EVACUATION PLANS

In this day of heightened awareness of safety, each of us realize that transporting very young children is a risk (but so is a bath!). Both parents and our staff need to be aware and to help the children learn and to use some basic transportation rules.



We will have at least three bus evacuation drills for all our children and staff this year whether or not they currently ride the bus. We want children to know what to do to get off the bus in case of an accident. Young children need repetition. Also, sometimes children enter the program later in the year and they need to be included.

You are asking, "What can I do about bus evacuation?" A booklet will come home with your child on the day that your child participated in the first evacuation practice. Take time to listen to & talk about what your child learned. In the booklet, you will find some words that should be familiar. Talk about how important it is to listen and do what adults on the bus say to do when they practice bus evacuation. Please keep the booklet and read it again and again.

Buses must evacuate if there is fire, accident, flat tire, etc. Knowing that adults will help children follow an escape plan keeps down fear. You knowing that adults and children are practicing and that a plan is in place will help you talk with your children about helping keep themselves and others safe by listening and following what they practiced.

Each drill will include information and practice about the location, use and operation of emergency exits, doors & fire extinguishers & the proper way to get off the bus quickly and safely. Each time your child practices, s/he will be learning new words. All centers will practice again in spring.

## Lending Library Information

Every Head Start/Early Head Start classroom has a 50-60 book lending library. "RAGS Bags" are cloth carrying bags to keep books your child borrows clean. RAGS is Reading, Activities, and Growth for Success. RAGS bags go home **Tuesdays**. They must be returned by the following Monday. IF your child returns the book and bag on time, s/he will be able to take home a different book. Bags also hold things like Field Trip Permissions so please check & as needed sign & return forms each week.

Please find time to read the book with your child. If you and your child wish, also choose book (s) you have at home and read some more. It should be fun for your child and you, and it helps meet in-kind requirements. Remember, volunteer time helps our program.

Your child can borrow books throughout the year. Please **return books, bags & completed RAGS activity sheets** each week. Activities reflect school readiness goals your child's teacher is working on (see *Hand in Hand*) and are an important way to support your child's learning. If he/she forgets, remind him/her to choose/check out a book. At the end of year, please return ALL books and bags for children to enjoy next year. Have fun reading!

## Things to Know, Remember and Do



### Lee County Literacy Coalition Financial Literacy Workshops

#### Control Your Money

Two-session workshop offers basic financial information, such as creating a budget, how to track spending, managing a checking or savings account, and using credit wisely. FREE. To register call 334-705-0001 or email [info@leecountyliteracy.org](mailto:info@leecountyliteracy.org)

Sept.	Wed 18th & Thurs 19th	10:00 AM - 12 Noon
Oct.	Wed 16th & Thurs 17th	5:00 - 7:00 PM
Nov.	Wed 13th & Thurs 14th	10:00 AM - 12 Noon
Dec.	Thurs 5th & Fri 6th	5:00 - 7:00 PM

Location: East Alabama Medical Center Education Center  
2027 Pepperell Parkway, Opelika, AL



### Fall Homecoming Parades! FREE! Auburn University Homecoming Parade!

AU Student Government Association

**Date:** September 13th, 2019

**Time:** 6:00 PM Downtown Auburn

### Auburn High School Homecoming Parade and Pep Rally!

Magnolia Avenue & College Street

**Date:** September 26th, 2019

**Time:** 5:00 PM until 6:00 PM

The parade will feature the AHS marching band, cheerleaders, football team, homecoming court and school organizations.

### Members for Center Committees & Policy Council Needed!



Would you like to play an important role in Head Start/Early Head Start? You can do that by accepting a position on the Center Committee or on the Policy Council. Center Committees consist of parents with children presently enrolled in the program. They work with the center staff and Family Engagement Advocates on center needs. The Policy Council consists of parents and community representatives who work on issues related to the program. Groups meet once a month at 5:30 p.m. on a day agreed upon by members. Members will be elected to both groups at the first Parent Meeting at each center. Parent Meetings for each center will start in September – check Calendar for dates. We look forward to seeing you there!

### Job applications are being accepted for:

**Teachers**—MUST have 4 yr. degree in ECE or HDFs with infancy & preschool, or AA in Child Development and reliable transportation.

**Teacher Assistant**—MUST have CD Certificate or CDA



**Intern**—Must be in college working toward CDA, CD Certificate, or AA/Child Development

**Bus Aide**—Must be at least 19 years old, with high school diploma or GED. Must be able to get on and off bus several times each morning and afternoon & love to assist young children.

**Accountant**—Three + years hands-on experience in general ledger accounting., budget preparation, financial statements, some payroll experience. Must have degree in field, preferably accounting.

**Office Manager**—Minimum of HS diploma, excellent computer skills, must have experience in supervision & running office.

Applications can be picked-up at all centers - return to main office (Frankie B. King Center) at 950 Shelton Mill Road (come to back of building—far left) EOE