



# ACHR Child Development Program School Readiness Goals - Early Head Start For Infants and Toddlers



Appendix # 3  
2017

**“Children will be mentally, physically, and cognitively ready for kindergarten and life.”**

## **A. EHS Social and Emotional Goals**

- Goal A1: Children will develop and engage in positive relationships and interactions with adults.
- Goal A2: Children will begin to develop personal relationships with peers.
- Goal A3: Children will begin to develop and demonstrate control over some of their feelings and behaviors (self-regulation).
- Goal A4: Children will begin to learn and internalize rules, routines, and directions.
- Goal A5: Children will begin to develop and demonstrate a positive sense of self, competence, and an identity that is rooted in their family and culture.

## **B. EHS Language and Literacy Development Goals**

- Goal B1: Children will demonstrate receptive and expressive language skills and communication strategies in their home language/s (may be English or other language/s).
- Goal B2: Children will understand and begin to use oral language for conversation and communication.
- Goal B3: Children will hear and distinguish the sounds and rhythms of language.
- Goal B4: Children will begin to learn and demonstrate how print and symbols works.
- Goal B5: Children will engage with stories and books.

## **C. EHS Approaches To Learning Goals**

- Goal C1: Children will demonstrate interest, curiosity, and eagerness in exploring the world around them.
- Goal C2: Children will demonstrate persistence in learning and discovery.
- Goal C3: Children will learn and use words to describe what they are thinking and doing.

## **D. EHS Cognition and General Knowledge Goals**

- Goal D1: Children will learn and begin to use math concepts during daily routines and experiences.
- Goal D2: Children will use all of their senses to investigate their environment to discover what objects and people do, how things work, and how they can make things happen.
- Goal D3: Children will begin to develop and demonstrate the ability to remember and connect new and known experiences and information.

## **E. EHS Physical Well-Being & Motor Development Goals**

- Goal E1: Children will develop control of large muscles for movement, navigation, and balance.
- Goal E2: Children will develop control of small muscles for manipulation and exploration.
- Goal E3: Children will learn and begin to demonstrate healthy and safe habits.