NOTE: As of September 2020, the COVID-19 pandemic was continuing to affect the services and schedules of many of the community providers featured below. As such, always call or email ahead to confirm availability and access details of services that you're interested in obtaining.

Achievement Center - Easter Seals

510 West Thomason Circle (334) 745-3501

Opelika, AL 36801

Website: www.achievement-center.org
Contact: Star Wray, Executive Director

Utilizes a variety of training options to prepare persons with disabilities to reach maximum employment potential. Services offered include: vocational evaluation, job readiness classes, adult education, driver's education, production training, community-based job training, job placement, school-to-work transition, forklift training, and certified nurse aide training. Referrals accepted for vocational services from the Alabama Department of Rehabilitation Services and Georgia Vocational Rehabilitation Agency. Private pay and referrals accepted from the Alabama Career Center System for certified nurse aide training and forklift training. Services from referral sources provided at no charge to clients. Call for more information.

Adult Education Program (SUSCC)

Contact: Rhonda Fields (334) 745-6437

Director: Troy Kelley Email: rfields@suscc.edu

Southern Union State Community College's Adult Education Program (AEP) provides GED test preparation, English-language learner classes for students not proficient in the English language, and workforce training. Program provides assistance to adults who are seeking to achieve one or more of the following goals: earn a GED; improve English language skills; earn the Career Readiness Certificate through WorkKeys testing; participate in Career Pathways to earn certificates or gain technical skills; and earn a high school diploma through the Non-Traditional High School Diploma Option program.

Classes are open-entry and open-exit. Students work at their own pace rather than in accordance with a set term limit. Instructors provide each learner with an individualized plan of instruction. This plan is based on the Test of Adult Basic Education (TABE), which each person is required to complete before entering classes. Classes are open to adults age 18 or above, as well as to those 16 and 17 years old who have the proper withdrawal documentation from public, private, church, or home schools. Classes are available both mornings and evenings and are offered on all Southern Union campuses, as well as at other locations in Chambers, Clay, Lee and Randolph counties. Online classes are also available for those who score ninth-grade level or above on the TABE.

Eligible students must live, work or be enrolled in postsecondary education in Alabama (note: exceptions are made for students who are referred by an Alabama Department of Labor Career Center to an Alabama adult education program in a county that is bordered by another state). Proof of Alabama residency is required. The following forms of ID are accepted to prove residency: Alabama driver's license; Alabama non-driver's ID; Alabama photo voter ID card; Alabama employer-issued ID card (verification of employment from an Alabama employer, such as a paycheck stub or verification letter, may also suffice); employee photo ID from any level of Alabama government (e.g., state, county, municipality, board, etc.);

student photo ID from a public or private college, university, or high school within the state of Alabama; photo ID card issued by the Alabama Department of Corrections; and referral by a Career Center (for programs in border counties only).

To have an AEP team member contact you with enrollment information, please visit https://aed.cc.al.us/AAESAPWeb/Pages/Public/InsertPublicEnrollment.aspx?PID=98. For more information about AEP schedules, locations, registration, etc., please call 334-749-8480.

Agape of Central Alabama, Inc.

3800 Vaughn Rd. (800) 239-1020 Montgomery, AL 36106 (334) 272-9466

Executive Director: Jimmy Dobbs Hours: 8:30 a.m.-4:30 p.m., M-F Email: <u>info@agapeforchildren.org</u> Website: www.agapeforchildren.org

Licensed private, non-profit child-placement agency that works cooperatively with the Department of Human Resources. Trained counselors available 24 hours a day to assist women facing an unplanned pregnancy. Services include foster care, international and domestic adoption, and crisis pregnancy assistance. Call or email for more information.

Alabama Career Center System

2300 Frederick Rd. (334) 749-5065

Opelika, AL 36803

Contact: Mike Grier, Manager Hours: 8:00 a.m.-4:30 p.m., M-F Email: opelika@alcc.alabama.gov

Services offered: job development, referral, placement, testing, counseling, and information; Workforce Investment Act (WIA); and labor market information. Call or email for more information.

Workforce Investment Act

2300 Frederick Rd. Opelika, AL 36801

Coordinator: Peggy Bridges Hours: 8:00 a.m.-4:30 p.m., M-F

Services offered: training to enhance employability; development of good work habits and basic work skills; and short-term employment in preparation for permanent unsubsidized employment. Provides adult basic education classes, such as CDL instruction (for truck driving) at Southern Union Community College. Some referral to area community colleges (depending on availability of services). Eligibility: Must be 16 or older. Fees: none.

Unemployment Claims

How do I file for unemployment benefits? Call (866) 234-5382 from 8:00 a.m.-4:30 p.m., M-F, or go to www.labor.alabama.gov.

Alabama Council on Human Relations, Inc. (ACHR)

950 Shelton Mill Rd. All Centers: (334) 821-8336 Auburn, AL 36830 Fax: (334) 826-6397

Website: www.achr.com

The Alabama Council on Human Relations, Inc. (ACHR) is a statewide organization committed to the promotion of equal opportunity for all citizens of Alabama. Headquartered in Auburn, ACHR offers both statewide programs as well as a number of programs for the benefit of people living with low income in Lee and Russell counties.

ACHR program centers:

Frankie B. King Center

Darden Center

Edelman Center

950 Shelton Mill Rd.

601 South 4th St.

Auburn, AL 36830

Opelika, AL 36801

Hurtsboro, AL 36860

NOTE: During this time when there are still a growing number of COVID-19 cases in Lee and Russell counties, ACHR staff are finding new methods to provide the services below in ways that are safe for all involved. For example, we have installed boxes at centers to allow pick up of both Head Start and energy assistance applications and secure drop off for both types of applications. We are providing more forms, information, and activities on line in a variety of ways. Staff provide some services through phone, Zoom conferences, and so forth. We have learned and continue to learn new ways to work and provide services. We look forward to returning to "normal" but expect to keep using some of the new strategies that will continue to benefit our community. Please see our website (www.achr.com) or Facebook page (www.achr.com) or Facebook page (www.facebook.com/AlabamaCouncil).

ACHR major programs:

Child Development Training Program

This program offers training to people who want positions as infant-toddler or preschool teachers/ assistant teachers or classroom aides. All classroom staff receive initial and ongoing training. Support offered to entry-level staff working on CDA credential. Assistance with applying for TEACH grants to work on CDA, AA, or ECE degrees. Intensive coaching opportunities for individual teachers. For further information, contact Karen Lusk or Debbie Chism.

Alabama Coalition Against Hunger (ACAH)

ACAH is a statewide community advocacy organization working on problems of hunger and malnutrition among those living with low incomes. ACAH is currently focusing on the development of community gardens to assist low-income residents in the production of food so they can have fresh produce. For further information, contact Earl Tarver.

Apartments

Darden Oaks, Bedell Village, Grace Ridge, Grace Point (seniors 55+), and Shiloh (seniors 55+) apartment complexes provide affordable housing. Darden Oaks is located on Roden Court in Opelika. Bedell Village is located on Bedell Avenue in Auburn. Grace Ridge and Grace Point are located on Shelton Mill Road in Auburn. Shiloh is located just off Century Boulevard in Opelika. There is an income eligibility guideline. For further information, contact the manager of the housing complex you are interested in. There is a link to contact information for each on ACHR's website: https://www.achr.com/affordable-housing-properties/.

Child and Adult Care Food Program

The Child and Adult Care Food Program provides nutritious meals and snacks for all children enrolled in participating day care homes located in Lee, Russell, Macon, and Bullock Counties. Homes are licensed in each county by the Department of Human Resources. If you operate a day care home and would like financial and technical assistance in providing nutritious meals for the children you care for, contact Earl Tarver.

Child Development Program

The largest program operated by ACHR is the Child Development Program. It includes the Head Start program at Frankie B. King Center (in Auburn), Head Start and Early Head Start programs at Darden Center (in Opelika) and at Marian Wright Edelman Center (in Hurtsboro, Russell County), as well as child care (which includes extended day care) at both Darden and Edelman. Children who have special needs are welcome. Our HighScope Curriculum is child development based and works first with a child's interests and strengths. It lends itself to supporting learning for children with various special needs.

Head Start – Lee and Russell Counties

The Head Start program serves children at our centers in Auburn, Opelika, and Hurtsboro. Children enrolled in Head Start receive nutritious meals during center hours, health checks, care and referrals, and a quality preschool education. Parents receive help with setting goals and learning various parenting and life skills. Staff members offer parents the opportunity to join a six-week class based on the Conscious Discipline approach by Loving Guidance that is used in Head Start and Early Head Start classrooms. The classes are designed to help make parenting easier and provide children with a foundational grounding in emotional well-being and self-control. To participate in Head Start, a child must be 3-4 years of age (as of September 2 in Lee County, September 1 in Russell County) and meet income guidelines. For further information, contact Tina Evans.

Early Head Start (EHS)—Lee and Russell Counties

EHS is a year-round program for income-eligible expectant families and families with infants and toddlers. Pregnant teens are particularly encouraged to enroll. Home-based services are provided to pregnant women and infant/toddlers and their families in Lee and Russell counties. A home visitor visits each family each week and works with parent and child. Every two weeks, parent and child can come to a center to participate in a variety of activities that usually include a meal. Center-based services can be provided for children whose parents work or are in school. Center classrooms have mixed age groups with two teachers and eight children ages infant to three years. Applications are available at all ACHR centers. For families who have not had a child in the program, applications can be completed on line from a link on our website: www.achr.com. For further information, contact Pam Heartsill (home based) or Yolanda Pittman or Tina Miles (center based).

Extended Day - Extended Year Child Care

This program provides a wholesome environment where children ages 3 weeks to 12 years can receive quality childcare before and after Early Head Start, Head Start and school hours, as well as during the summer while parents obtain, maintain, or train for employment. The center is open for extended care Monday through Friday from 6:30 a.m. to 5:30 p.m. at Darden and 6:30 a.m. to 4:30 p.m. at Edelman. Fees are based on household size and income. Vouchers are accepted. For further information, contact Dana Strickland.

Energy and Other Emergency Assistance

The Energy Assistance Program assists residents of Lee County with their utility bills. The Heating Program runs from January through April and the Cooling Program runs from June through September. Many resources, such as ABC Trust, Spire (formerly Alagasco), and LIHEAP (Low Income Home Energy Assistance Program), provide funds with which Lee County residents can be assisted. The program also provides energy counseling to suggest ways that participants can reduce their energy bills. We sometimes have limited funds for other emergency needs, such as one-time rent assistance. In all cases, residence and income requirements must be met. For further information, contact Tabitha Perry.

Fatherhood Program

There are special activities for fathers whose children are in ACHR's Child Development Program. For further information, contact Tim King.

Housing Counseling

ACHR is a HUD-approved Housing Counseling Agency. Our HUD-Certified Housing Counselor provides comprehensive housing counseling services for individuals and families. For further information, contact Tabitha Perry.

Income Tax Assistance

This program offers free tax preparation services, including e-filing for quick returns. For further information, contact Earl Tarver.

LIFE (Learning Information about Food and Exercise)

This nutrition education and fitness program offers nutrition information, diet planning (including assistance with dietary planning for health reasons such as diabetes), and a fitness program to interested persons who qualify. Because of COVID-19, we are offering these services virtually in a variety of ways, including exercise classes via Zoom. For further information, contact Natalie Stephens.

Sunshine Shop

The Sunshine Shop provides clothing, household items, furniture, toys, and many other items at no cost to families living with low income in Lee and Russell Counties. Persons who have a need for clothing or household items should make an appointment through their Family Engagement Advocate, Home Visitor, Case Worker, or someone of similar status in the community who sends a referral to the In-Kind Manager.

Donations are critical to our continuing to share with the community and for use within our programs. The Sunshine Shop accepts and distributes donated items (e.g., preschool books, toys, puzzles, school supplies, computer equipment, tablets, old cellphones and even washers, dryers, etc.) for use in centers. These donations are pivotal in helping us stretch our budget and meet our grant match requirements. Donations of clothing (children's clothing especially), household goods, adult books, furniture, appliances, etc. are of great help to families and children in need.

The Sunshine Shop is located at Darden on the Hill in Opelika. It is behind Darden Center on South 4th Street. It is the first building as you come in the drive off Avenue E. Donations are accepted Monday, Wednesday, and Friday from 9:00 a.m. to 12:00 noon and by appointment. It is open for persons with needs (after referral) by appointment and sometimes for a special week (watch for notices on ACHR's website and Facebook page). For further information, contact Sharon Smith.

Alabama Department of Rehabilitation Services

Children's Rehabilitation Service (CRS)(334) 749-7579516 W. Thomason Circle(800) 568-8428Opelika, AL 36801

CRS offers a wide range of specialty services for children with medical and health needs, including clinics for serious hearing problems, seizure disorders, and orthopedic problems. Call with any questions related to children's special health care needs. Fees: sliding scale. To apply, call and make an appointment. Waiting period varies; depends on clinic. Call for more information.

Vocational Rehabilitation Service (VRS)(334) 749-1259520 W. Thomason Circle(800) 671-6835Opelika, AL 36801

VRS provides counseling, guidance, job placement assistance, training, etc., to those with disabilities for the purpose of helping them secure and maintain employment. Call for more information.

Alabama Head Injury Foundation (AHIF)

500 Chase Park S., Suite 130 (800) 433-8002 Hoover, AL 35244 (205) 823-3818

Program Director: Amy Lamb-Eng

Website: www.ahif.org

Provides information to help clients and families understand the results of head injury. AHIF helps access available resources and provides services and programs that meet the unique needs of individuals with traumatic brain injury (TBI), as well as spinal cord injury (SCI) in certain programs. These programs are Respite Care, Housing Assistance, Information and Referral, Camp Programs, Recreation Programs, and Recreational Support Groups. Call for more information.

Alabama Healthy Marriage and Relationship Initiative

203 Spidle Hall (334) 844-8711

Auburn University, AL 36849

Contact: Leah Burke

Website: www.alabamamarriage.org

Offers a variety of free relationship classes covering a broad range of topics. These classes are fun, interactive learning opportunities that help build and maintain a healthy, happy relationship with your partner. Programs are designed for co-parents, singles, premarital couples, stepfamilies, and married couples. They provide information and skills to make a relationship stronger through fun-filled sessions led by educators in a friendly, informal setting. Adults and youth participate in discussions about increasing cooperation, learning conflict management, building a positive attitude, and building affection. Time commitment is based on individual relationship after initial interview. Call for more information.

Alabama Institute for Deaf and Blind

432 East Jefferson St. (334) 262-0824 Montgomery, AL 36104 Fax: (334) 262-7708

Regional Director: Jenny Savage

Local: (800) 362-1504

Local: (334) 528-6830 Contact: Donna Taylor

Regional Center Secretary: Edwina Davis

Service Coordinators: Robin Blake, Missy Byrd, Antweshia Hawes-Wood, Amber Stinson

Hours: 8:00 a.m.-4:30 p.m., M-F Website: <u>www.aidb.org/Montgomery</u>

Provides support to families and their children birth to three with sensory impairments. Intervention offered includes informational materials and emotional support. Call for more information.

Alabama Medicaid Agency

 501 Dexter Ave.
 Local Address:

 P. O. Box 5624
 2015 Gateway Dr., Suite 103

 Montgomery, AL 36103-5624
 Opelika, AL 36801

 (800) 362-1504
 Contacts: Tessie Sumbry: (334) 741-5801

Fraud Hot Line: (866) 452-4930 Wanda Welch: (334) 741-5802 Fax: (334) 749-6076 Carolyn Perry: (334) 741-5803

Provides Medicaid information, assists Medicaid recipients with questions and/or problems, and refers Medicaid recipients to appropriate services and agencies. Eligibility: anyone needing information. Application procedure: contact office. Fees: none. Call for more information.

Non-Emergency Transportation

Please have Medicaid number, date and time of appointment, and doctor/facility name, address, and telephone number. Hours: 8:00 a.m.-4:30 p.m. (CT), M-F. Call for more information.

Small Wonders Program

1365 Gatewood Dr., Suite 525

Auburn, AL 36830

Toll Free: (800) 503-2259 Fax: (334) 826-0238

The Small Wonders Program of Maternity Services of District 11, LLC is the primary contractor for the Alabama Medicaid Maternity Care Program in Barbour, Chambers, Lee, Macon, and Russell counties. Small Wonders coordinates maternity services for Alabama Medicaid recipients residing in these counties. Patients must enroll in Small Wonders and complete encounters with a Care Coordinator in order for Medicaid to pay for prenatal care, delivery, and postpartum care. Call for more information.

Alabama Psychiatry

107 N. 24th St. (334) 440-8046 Opelika, AL 36801 Fax: (334) 625-7602

Contact: Ann Madsen, CRNP

Email: ann@rrpa.us

Provides services in Lee and Russell counties, including at outpatient locations by referral from a Primary Medical Doctor. Offers complete psychiatric and therapeutic services for children, adolescents, adults, and senior adults. Services provided to various hospitals, nursing homes, and rural mental health facilities. Services currently provided in the following areas: autism-related disorders; depression; substance abuse; end-of-life issues; medication management; bipolar disorders; eating disorders; abuse;

conflict resolution; crisis intervention; grief/bereavement issues; addictions; and stress management. Medicaid accepted. Call or email for more information.

Alabama Quality Assurance Foundation, Inc.

Two Perimeter Park South (205) 970-1600
Suite 200 West Website: www.aqaf.org

Birmingham, AL 35243-2337 CEO: D. Wesley Smith, MD Hours: 8:00 a.m.-5:00 p.m., M-F

AQAF is the Medicare Quality Improvement Organization for the State of Alabama. Services offered include: Medicare beneficiary "helpline" for quality of care complaints regarding hospitals; Medicare questions; and discharge appeals for hospitals, skilled nursing facilities, hospice facilities, home health care agencies, and comprehensive outpatient rehabilitation facilities. Call for more information.

Alabama Rural Ministry (ARM)

P.O. Box 2890 (334) 501-4276
Auburn, AL 36831 Fax: (334) 737-6909
Executive Director: Lisa Pierce Email: info@arm-al.org
Director of Ministry Operations: Whit Heath Website: www.arm-al.org

Construction Supervisor: Jeremiah Bryan

ARM is a non-profit Christian organization seeking to end substandard housing in rural Alabama. ARM seeks to extend the love of Jesus Christ through home repair and children's ministries for low/fixed-income families in Lee, Macon, and Sumter counties. Call for more information.

Alabama School for the Deaf

205 South St., E(256) 761-3214P. O. Box 698Email: millard.paul@aidb.orgTalladega, AL 35161Website: www.asdsilentwarriors.com

Contact: Paul Millard, Principal

School mission is to "provide quality, individualized educational programs, unique experiences, and fully accessible services for students who are deaf and hard of hearing that empower them to be functioning, productive, and responsible members of society." Call or email for more information.

Alabama Tobacco Cessation Quitline

1-800 QUIT NOW (1-800-784-8669)

Hours: 6:00 a.m.-12:00 a.m. (midnight), M-Sun

Website: www.quitnowalabama.com/

Provides free online and phone support for people who want to quit smoking.

Alacare Home Health and Hospice

2312 Center Hills Dr., Suites B & C Home Health: (334) 741-9952 Opelika, AL 36801 Hospice: (334) 741-9918

Hours: 8:00 a.m.-5:00 p.m., M-F Toll-Free: (888) 252-2273

Website: www.alacare.com

Offers nutritional advice, referrals, hospice services, physical and speech therapy, and health and welfare counseling. Homebound persons referred by physicians are eligible. Skilled home care visits available. Staff includes speech therapist, occupational therapist, physical therapist, and nutritionist. To apply: call, write, or stop by. Fees: Medicare or private insurance will pay. Call for more information.

Alcoholics Anonymous

Auburn, Opelika Area A.A. Meetings

(334) 521-2676

Support group for those wanting to stop drinking. For more information—including meeting times, dates, and locations—call or go to www.aaauburn.org.

American Cancer Society

3054 McGehee Rd. National Hotline (24/7): (800) 227-2345 Montgomery, AL 36111 (334) 288-3432

Website: www.cancer.org

Hours: 8:00 a.m.-5:00 p.m., M-F

Provides access to a wide range of resources, information, and educational literature for cancer patients and their families and the community at large. Provides cancer patients with free wigs. Call for more information.

American Civil Liberties Union of Alabama

P.O. Box 6179 (334) 265-2754

Montgomery, AL 36106

Website: www.aclualabama.org

The American Civil Liberties Union of Alabama "works in the courts, legislatures and communities to defend the individual rights and personal freedoms guaranteed by the Constitution and the Bill of Rights." Call for more information.

American Diabetes Association

233 Peachtree St., NE National Line: (800) 342-2383 Suite 2225 (404) 320-7100

Atlanta, GA 30303

Website: www.diabetes.org

Services offered include educational material on diabetes, research, cookbooks, monthly "Diabetes Forecast" magazine, and referrals to educators at local hospitals. Eligibility: May serve anyone. Fees: none for educational materials; cost varies for cookbooks, "Diabetes Forecast" magazine, etc. Call for more information.

American Heart Association

9154 E. Chase Pkwy., #366 (800) 257-6941 Montgomery, AL 36117

Website: www.heart.org

Services offered include public health education materials, community services programs, and CPR training courses for residents and CPR instructors. Eligibility: May serve anyone. Fees: Registration fees for CPR instructor course, basic cardiac life support course, and heart saver course (one-to-one first aid). Call for more information.

American Lung Association

Website: www.lungusa.org Lung Helpline: (800) 586-4872

Services offered include support of environmental health-air conservation, cure of respiratory diseases, etc.; education programs, including films, radio, television and slide tape program on cigarette smoking and related diseases; support of medical and social research; Better Breathers Club; "Freedom from Smoking for a Lifetime" self-help manuals; eight-week "Freedom from Smoking" clinic (available upon request); and parents of asthmatic children support group meetings and seminars. Eligibility: May serve anyone. Call for more information.

American Red Cross

East Alabama Chapter (334) 749-9981

206 26th St. Opelika, AL 36801

Website: http://www.redcross.org/local/alabama/about/chapters/east-alabama

East Alabama Chapter serves Barbour, Chambers, Coffee, Dale, Geneva, Henry, Houston, Lee, Pike, and Russell counties. Offers support for military families (including emergency communications to loved ones who are deployed); collects blood; provides various types of training, including CPR, first aid, and aquatics; and provides emergency assistance to victims of natural disasters such as fires, tornadoes, and floods. Fees: There is a charge for health and safety training courses to cover materials and supplies; assistance to disaster clients and military families is free. Call for more information.

Arc of Alabama, Inc. (The)

557 S. Lawrence St. (334) 262-7688

Montgomery, AL 36104-4611 Executive Director: Terry Pezent Website: www.thearcofal.com

Email: advocacy@thearcofalabama.com

Hours: 9:00 a.m.-5:00 p.m., M-F

The Arc of Alabama, Inc. is a statewide volunteer, membership-based advocacy organization of and for people with intellectual and developmental disabilities and their families, other disability organizations, and the general public. Call or email for more information.

Area Agency on Aging/Lee-Russell Council of Governments

2207 Gateway Dr.	(334) 749-5264
Opelika, AL 36801	(800)AGE-LINE

LRCOG Executive Director: Lisa Sandt

Area Agency on Aging Director: Jackie Pinkard

Website: www.lrcog.com

Auburn Senior Center Beulah Senior Center Central Senior Center	(334) 501-3247 (334) 749-5928 (334) 298-8582
Hurtsboro Senior Center	(334) 667-7577
Opelika Senior Center	(334) 745-2679
Russell County Senior Center	(334) 855-0637
Smiths Station Senior Center	(334) 297-9101
The Family Enrichment Center	(334) 826-8848

Provides a wide range of services for those 60 and older. Services include social activities, nutrition education, health counseling, prescription assistance, legal assistance, consumer education, respite care, employment, planning and development, recreation, exercise, hot meals, information, and referrals. Call for more information.

Arthritis Foundation, Southeast Region (Alabama Area)

 8650 Minnie Brown Rd., Suite 160
 500 Office Park Dr., Suite 200

 Montgomery, AL 36117
 Birmingham, AL 35223

 (334) 219-8707
 (205) 979-5700

 Website: www.arthritis.org
 (800) 879-7896

Serves all Alabama counties. Works to reduce the unacceptable impact of arthritis on the lives of the estimated 1.2 million adults and thousands of children in the state who are afflicted with it. Call for more information.

Associates in Family Therapy

2108 Gateway Dr., Suite A (334) 749-1068

Opelika, AL 36801

Contact: Sally Williamson

Provides individual, marriage, and family therapy for residents of Lee, Russell, Chambers, and Macon counties. Fee: sliding scale. Call for more information.

Attorney Referral Service

415 Dexter Ave. (800) 392-5660

Montgomery, AL 36104 Website: www.alabar.org

Hours: 8:30 a.m.-11:30 a.m., 1:30 p.m.-4:30 p.m., M-F

Referral to licensed attorney. Eligibility: any resident of Alabama. Fee: There is a set fee for initial 30-minute consultation; any additional charges determined by attorney. Call for more information.

Auburn Day Care Centers

Central Office (334) 821-4060

P.O. Box 262 400 Boykin St.

Auburn, AL 36831-0262 Director: Frixie Melton

Website: www.auburndaycarecenters.org

Provides child care services for children age six weeks to 12 years so parents from low/moderate-income homes can work, train for work, or attend school. Call for more information.

Auburn Housing Authority

931 Booker St. (334) 821-2262 Auburn, AL 36832 Fax: (334) 821-2264

Email: info@auburnhousingauth.org

Offers Public Housing and Section 8 government-subsidized assistance programs. The Public Housing program provides low-income families and individuals the opportunity to rent an affordable apartment with the Auburn Housing Authority. The Section 8 program enables low-income families and individuals to rent from a private landlord of their choice with rental assistance administered by the Auburn Housing Authority. Call for more information.

Auburn Opelika Habitat for Humanity

 $605 \ 2^{\text{nd}} \ \text{Ave.}$ (334) 745-2123

Opelika, AL 36801 Contact: Mark Grantham

Email: <u>mark.a.grantham310@gmail.com</u>
Website: http://www.auburnopelikahabitat.org

Builds or rehabilitates affordable homes for low-income families with the help of community partners. Donations of money, materials, and volunteer labor accepted. Eligible applicants must: have a need for housing due to current housing situation being substandard and/or inadequate with significant problems; be willing to contribute up to 500 hours of sweat equity toward home ownership; and have a qualifying annual household income that can be verified. Instruction on the application process is provided throughout the year. Call or email for more information.

Auburn Pain Group (Chronic Pain Support Group)

The Auburn Pain Group offers 10 free sessions of acceptance and commitment therapy to sufferers of chronic pain due to arthritis, lupus, fibromyalgia, chronic fatigue, etc. Sessions are held from 6:00 p.m. to 8:00 p.m. on Wednesdays at First Presbyterian Church in Auburn. For more information, go to www.eamc.org/programsServices/SupportGroups.aspx or call Doug Booth at (334) 740-7999.

Auburn Parks and Recreation

425 Perry St. (334) 501-2930

Auburn, AL 36830

Director: Rebecca Richardson

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Hours: 8:00 a.m.-5:00 p.m., M-F

Website: www.auburnalabama.org/parks

Frank Brown Auburn Recreation Center

(334) 501-2963

Hours: 6:00 a.m.-9:00 p.m., M-Th 6:00 a.m.-6:00 p.m., F

8:00 a.m.-12:00 p.m., Sat 1:00 p.m.-6:00 p.m., Sun

Those living and working in Auburn can access the new fitness center at Frank Brown for a one-time fee of \$25 for a facility access/identification card. Teens ages 16-18 must be accompanied by a parent or legal guardian. Access is not available to anyone under 16. Call for more information.

Dean Road Recreation Center

(334) 501-2950

Hours: 8:00 a.m.-5:00 p.m., M-F

Boykin Community Center

(334) 501-2961

Hours: 6:00 a.m.-9:00 p.m., M-F

1:00 p.m.-5:00 p.m., Sun

Harris Senior Center

(334) 501-2930

Hours: 8:00 a.m.-5:00 p.m., M-F

(Note: Auburn Parks and Recreation administrative offices are located at Harris Senior Center.)

Auburn Parks and Recreation offers recreational programs, activities, and sports for all ages. Auburn residents are eligible and fees vary by activity. The following parks are open to the public for daily use and rentals: Bowden Park, Felton Little Park, Graham McTeer Park, Hickory Dickory Park, Kiesel Park, Martin Luther King Park, Moores Mill Park, Salmon Park, Sam Harris Park, Town Creek Park, and Westview Park. Call for more information.

Auburn Police Department

141 N. Ross St. Emergency: 9-1-1

Auburn, AL 36830 Non-Emergency: (334) 501-3100

Chief of Police: Cedric Anderson

Public Safety Section: (334) 501-3110

Hours: 8:00 a.m.-5:00 p.m., M-F

APD's Community Services Section consists of training, recruiting, crime prevention, drug resistance education, and school resources. Community outreach is a major focus. For more information about community programs, call Lt. Jonathan Ley at (334) 501-3123.

Auburn Public Library

749 E. Thach Ave. (334) 501-3190

Auburn, AL 36830 Director: Chris Warren Website: www.auburnalabama.org/library

Hours: 9:00 a.m.-9:00 p.m., M-Th 9:00 a.m.-5:00 p.m., F, Sat 2:00 p.m.-6:00 p.m., Sun

Services offered to Auburn residents with library card in good standing include books for all ages, large print books, CDs, DVDs, audio books, magazines, ebooks, WiFi, early literacy programs, streaming video, technology instruction, and computers with current software. There are also English as a Second Language materials for both adults and children. To obtain a library card, you must live, work, attend school (kindergarten through college), or own property within the Auburn city limits and have a valid photo ID. Call for more information.

Auburn Senior Center

Boykin Community Center 410 Boykin St. Auburn, AL 36830 Senior Center Manager: Johnnie Dowdell

Hours: 9:00 a.m.-1:00 p.m., M-F

Services offered: nutrition, transportation, information and referral, home delivered meals, recreation/crafts, education, and outreach. Eligibility: anyone 60 or older or spouse of program participant. Pick up application at center. Fees: none (lunch and transportation contributions accepted). Call for more information.

Auburn United Methodist Church Food Pantry

Auburn United Methodist Church 302 East Magnolia Ave. Auburn, AL 36830 Contact: Reeder Dulaney (334) 826-8800

(334) 501-3247

Home delivery available to those without transportation or medically unable to drive. Call for more information.

Auburn University

Auburn University Marriage and Family Therapy Center

Glanton House (334) 844-4478

312 Quad Dr.

Auburn University, AL 36849-5604 Office Hours: 8:00 a.m.-7:00 p.m., M-Th

8:00 a.m.-4:00 p.m., F (sessions by appointment only)

Website: www.mftcenter.auburn.edu

Offers individual, couple, marriage, and family therapy. People are seen for a variety of reasons under a variety of circumstances. Sliding scale fees range from \$10 to \$50. There is an additional \$20 fee for the first session. Discount fee of \$10 (\$20 first session) for students with valid student ID and copy of course schedule. Services are free for up to 12 sessions to active duty military. Call for more information.

(334) 844-4889

Auburn University Office of Professional and Continuing Education

301 O. D. Smith Hall (334) 844-5100

135 South College St.

Auburn University, AL 36849

Contact: Hope Stockton, Executive Director

Hours: 7:45 a.m.-4:45 p.m., M-F Email: opce@auburn.edu

Offers a variety of crafts, skills, computer, and business courses. Anyone interested is eligible. To apply, fill out an application. Fees vary depending on course and materials. Some classes have discount fees for senior citizens. Different classes are offered four times a year. Professional courses and seminars are also offered. Call or email for more information.

Auburn University Psychological Services Center

Psychological Services Center 101 Cary Hall Auburn University, AL 36849

Therapy Sessions: 8:00 a.m.-7:00 p.m., M-Th

8:00 a.m.-5:00 p.m., F

Provides therapy and assessment services to individuals, couples, families, groups, and organizations and is open to all community residents. Both the training needs of the center and the needs of the client serve as criteria for acceptance as a client. The center is not an emergency facility. Most clients will be seen by a graduate student in Clinical Psychology under the supervision of a licensed psychologist who is a faculty member in the Department of Psychology. Nominal fees determined on a sliding-scale basis are charged to offset the cost of operating and enhancing the services provided by the center. Call for more information.

Auburn University Speech and Hearing Clinic

1199 Haley Center (334) 844-9600

Auburn University, AL 36849 Hours: 8:00 a.m.-5:00 p.m., M-F

Provides diagnostic and treatment services for hearing, speech, language, voice, and swallowing disorders for all ages. Individuals may qualify for reduced fees, based on income. Offers free screening tests to the public each semester. Participates in Starkey Hearing Foundation's "Hear Now Program," which provides hearing devices to those who qualify for assistance. Call for more information.

Baby Steps

P.O. Box 713 (334) 521-2184

Auburn, AL 36831

Email: thrive@baby-steps.org
Website: www.baby-steps.org

Program designed to enable Auburn University students to have both their education and their babies and eliminate the need to have to choose between the two. Services include housing, food, tutoring, child care, resources for education grants/scholarships, information on relevant topics, and confidence-instilling influences and support. To qualify, participants must: be between the ages of 18 and 25; be a full-time

Auburn University student (transfer students welcome); be pregnant or have a child under 12 months; have no other dependent children; and be willing to live in community with live-in support and other student mothers and their babies. Support services also available to AU student mothers and mothers-to-be who are not in need of housing. Call or email for more information.

Beulah Senior Center

1741 Lee Road 270 (334) 749-5928

Cusseta, AL 36852

Center Manager: Carolyn Davis Hours: 9:00 a.m.-1:00 p.m. (ET), M-F

Services offered include nutrition, information and referral, home delivered meals, recreation/crafts, education, and outreach. Eligibility: anyone 60 or older or spouse of program participant. Transportation available within nine-mile radius of center. Call for more information.

BeYond Expectations Community Outreach

1101 1st Place, South (334) 384-1340

Phenix City, AL 36869 Email: <u>beco.pcrc@gmail.com</u>

Community outreach program serving Russell County. Provides residents with food, clothing assistance, and community resources referrals. Call or email for more information.

Kidz Backpack Buddy Program

Free school-based program that supplies and delivers pre-assembled food backpacks to low-income students. Nutritious, child-friendly food is distributed discreetly to students on the last day of the school week. Registration required to participate. Call or email for more information.

Boys & Girls Clubs of Greater Lee County

Main Office: 1365 Gatewood Dr., Suite 221 (334) 502-1311

Auburn, AL 36830 Fax: (334) 502-1313

Contact: Wanda Lewis, President/CPO Hours: 8:00 a.m.-4:30 p.m., M-F

Potter/Daniel Unit Auburn Unit (located inside Boykin Community Center)

1610 Toomer St. 400-B Boykin St.
Opelika, AL 36801 Auburn, AL 36832
(334) 745-2582 (334) 821-6020
Drew Bedurah Anthony Brock
Unit Director Unit Director

Unit Hours: 8:30 a.m.-5:00 p.m., M-F

2:30 p.m.-6:30 p.m. (after school), M-F

Offers youth 6-18 years of age an array of programs based on the Boys & Girls Clubs of America's five core areas of youth development: Education & Career Development, Character & Leadership Development, Health & Life Skills, Arts & Sports, and Fitness & Recreation. Fees: \$50 for school-year membership and \$30/month for after-school/summer programs. Membership and camp fees for Auburn

and Opelika public housing residents covered by the Housing Authority. Teen Center available during summer and school year. Call for more information.

Camp ASCCA

5278 Camp ASCCA Dr. (256) 825-9226

Jackson's Gap, AL 36861

Contact: John Stephenson, Administrator

Email: info@campascca.org
Website: www.campascca.org

Provides unique camping experiences for children and adults with disabilities. Located on Lake Martin. Campers given opportunity to express their individuality and independence in a carefully-supervised setting. Call or email for more information.

Campus Kitchen Project

203 O.D. Smith Hall Auburn, AL 36849 Email: ckau@gmail.com

Facebook: The Campus Kitchen at Auburn University

Twitter: @CampuskitchenAU

The Campus Kitchen at Auburn University provides free meals to anyone in the community who is in need. Complete meals are compiled from unserved food from Auburn University dining locations and local restaurants, placed in individual disposable containers, and delivered to homes and community centers at scheduled times. Meals can also be picked up from our facility on campus at a scheduled time. Email for more information.

Cancer Information Service

Hours: 24/7 (800) 227-2345

Website: www.cancer.org

Provides accurate, up-to-date information to help patients make educated health decisions. Connects patients, caregivers, and family members with valuable services and resources. Call for more information.

Caregivers & Alzheimer's Support Group

Contact: Leisa Askew (334) 749-5264

Meets:

last Monday of each month at 12:30 p.m. at: & third Tuesday of each month at 12:30 p.m. at:

Opelika Sportsplex and Aquatics Center
Auburn United Methodist Church
1001 Andrews Rd.
137 S. Gay St.

Opelika, AL 36801 Auburn, AL 36830

Call for more information.

Central Alabama Veterans Health Care System

 2400 Hospital Rd.
 (800) 214-8387

 Tuskegee, AL 36083
 (334) 727-0550

Veterans Crisis Line: (800) 273-8255

Wide range of services available: acute care, specialties and diagnostics; extended care and rehabilitation; former prisoners of war advocacy; home-based primary care; mental health; PTSD resources; pastoral care education; primary care; social work; etc. Eligibility: Veterans who served in active military, naval or air service and are separated under any condition other than dishonorable. Call for more information.

Central Senior Center

1500 14th St. (334) 298-8582

Phenix City, AL 36867

Center Manager: Jackie Woodhouse Hours: 9:00 a.m.-1:00 p.m. (ET), M-F

Services offered include nutrition, information and referral, home delivered meals, recreation/crafts, education, and outreach. Eligibility: anyone age 60 or older or spouse of a program participant. Transportation available within nine-mile radius of center. Call for more information.

Chattahoochee Valley Community College

2602 College Dr. (334) 291-4900
Phenix City, AL 36869 Switchboard Hours: 7:30 a.m.-9:00 p.m. (ET), M-Th
President: Jacqueline Screws 7:30 a.m.-2:00 p.m. (ET), F
Website: www.cv.edu Office Hours: 7:30 a.m.-5:00 p.m. (ET), M-Th
7:30 a.m.-2:00 p.m. (ET), F

Alabama citizens may register for classes as observers or for credit if there is room. Scholarships are available for senior citizens who have a senior citizen ID card and either a high school diploma or GED. Call for more information.

Chattahoochee Valley Episcopal Ministry (CVEM)

1120 Lockwood Ave. (706) 327-0400

Columbus, GA 31906

Email: <u>info@cvemjubilee.org</u> Hours: 9:00 a.m.-5:00 p.m., M-Th

CVEM volunteers meet with Chattahoochee Valley residents in need by appointment three days a week. CVEM provides help with rent, mortgage, scholarships, medical expenses, transportation, etc. Volunteers strive to be a source of advocacy and empowerment for clients. Call or email for more information.

Chewacla State Park

124 Shell Toomer Pkwy. (334) 887-5621

Auburn, AL 36830

Email: chewacla.statepark@dcnr.alabama.gov

Website: www.alapark.com/chewacla

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Hours: 8:00 a.m.-5:00 p.m., 7 Days/Week

Offers outdoor recreation, campgrounds, picnic areas, pavilion, cabin rentals, hiking trails, mountain biking trails, etc. Call or email for more information.

Child Care Resource Center, Inc.

 510 S. 7th St.
 (800) 238-0872

 Opelika, AL 36801
 (334) 749-8400

 Contact: Tammy Morgan, Executive Director
 Fax: (334) 749-9398

Website: www.ccrc-alabama.org Hours: 8:00 a.m.-4:00 p.m., M-F

Refers parents in need of child care services to child care providers in the following counties: Chambers, Lee, Macon, Russell, and Tallapoosa. CCRC's goal is to provide child care solutions for the community by identifying child care needs, assisting with child care placement, and making referrals to other child care-related resources. Call for more information.

Positive Parenting Program (Triple P Course)

(334) 749-8400

Contacts: Jessica Segrest: <u>Jessica.segrest@ccrc-alabama.org</u>

Nell Finley: Nell.finley@ccrc-alabama.org

Aims to promote caring relationships between parents and their children and helps parents with effective strategies for dealing with a variety of childhood behavior problems. Services are free. The course is four sessions lasting approximately two hours each. Children are not allowed to attend. New sessions start at the beginning of each month. Call or email for more information.

Fatherhood Program

Contact: Antione Harvis: Antione.harvis@ccrc-alabama.org

Website: www.dleagueconnects.org/jtc//

Connects fathers with fathers via support, training and curriculum. Available to all fathers in Lee County who are interested in connecting with other fathers while strengthening the bond they have with their children. Email for more information.

Child Care Financial Assistance

(334) 749-8400

Contact: Nell Finley: Nell.finley@ccrc-alabama.org

Financial assistance for child care is provided to low and moderate-income working/training families, victims of domestic violence, and those with special circumstances who are eligible for subsidy through Lee County Partnership for Children. Call or email for more information.

Child Find

Contact: Angela Arnett
Director of Special Education & Gifted Program
Lee County Board of Education
2410 Society Hill Rd.
Opelika, AL 36804

(334) 705-6000

For children who currently attend or will attend Lee County schools, children who attend private schools within the Lee County School System jurisdiction, highly-mobile children (e.g., migrant,

homeless) with a disability, and children who are suspected of having a disability and are in need of special education even though they are advancing from grade to grade. Call if you know of a child who may be in need of special education services and for information about specific disabilities. Call for more information.

Children and Family Connection of Russell County

910 13th St. (334) 448-1010 Phenix City, AL 36868 (866) 486-1010 Website: <u>www.childrenandfamilyconnection.com</u> Fax: (334) 448-1066

Strengthens, empowers, and uplifts families by providing assessment, education, survival needs, preservation-oriented services, counseling, referral services, need-based services, and follow-up. Other services include: emergency food, basic living skills, case management, home-based/on-site counseling, clothing bank, aftercare services, anger management, group counseling, forensic evaluations, psychological assessments, parenting/nurturing classes, preventive education, job readiness classes, divorcing parents seminars, marital/couple counseling, budgeting classes, and behavioral aide services. Computer lab also available. Call for more information.

Children's Day Out

Auburn United Methodist Church

(334) 826-8800

137 S. Gay St. Auburn, AL 36830

Contact: Meghan Kemp, Director

Hours: 9:00 a.m.-12:00 noon, M-F (except for some city and university school holidays)

Provides safe place for children 6 weeks to 4 years to learn age-appropriate ways to develop spiritually, emotionally, physically, and socially. Fees: \$14 per child (\$6 each additional child from same family). All payments must be made online. Must cancel at least an hour before class starts or you will be charged for that day. Make reservations at https://www.schedulicity.com/scheduling/CDO3WF/classes. Call for more information.

Christian Women's Job Corps

The Eagle Center (334) 821-0591

215 East Thach Ave., Suite 101

Auburn, AL 36830 Contact: Neeley Caldwell Email: neeley@cwjclc.com Website: http://cwjclc.com

Class times: 8:15 a.m.-12:15 p.m., M-F

Offers free 10-week classes twice a year to help women who are ready to make a change. Classes include job search assistance. Bible study required. Classes held at The Eagle Center. Call for more information.

Circle of Care Center for Families

14 Medical Park (334) 768-4091

Valley, AL 36854

Contact: Kea Costley, Case Manager

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Email: support@thecirclecares.com Hours: 8:00 a.m.-5:00 p.m. (ET), M-F

Offers parenting, youth, adult, and case management services. Call or email for more information.

City of Auburn (CDBG)

Contact: Ashley Simpson (334) 501-7280

This is for an emergency motel voucher if you are homeless. You will need to go to the City of Auburn Community Services Department for a voucher. Your photo ID will be required to receive the voucher. The office is located at 400 Boykin Street. Call for more information.

City of Auburn/Helping Hand

400 Boykin St. (334) 501-7280

Auburn, AL 36830

Contact: Ashley Simpson, Community Services Department

Hours: 8:00 a.m.-5:00 p.m., M-F

Housing repair/referral network serving low-income persons living in the City of Auburn. Referrals made on case-by-case basis for weatherization, ramps, concrete, and minor repairs. Call for more information.

City of Auburn/Housing Rehabilitation Program

400 Boykin St. (334) 501-7280

Auburn, AL 36830

Contact: Ashley Simpson, Community Services Department

Hours: 8:00 a.m.-5:00 p.m., M-F

Provides rental and utility assistance. Mortgage and sports voucher assistance also available. This program is not available to public housing and Section 8 residents. Call for more information.

Columbus Hospice of Georgia & Alabama

7020 Moon Rd. (706) 569-7992 Columbus, GA 31909 (800) 950-4244

Serves Lee, Russell, Macon, Barbour, and Chambers counties. Provides free bereavement and support services, including the following:

Adult Grief Support Groups

Support groups for those who have had a loss within 13 months or are still in need of immediate grief support. Groups meet at the Hospice office on the second and fourth Mondays of each month. Call for more information.

Hope for the Holidays

Every November, Columbus Hospice sponsors a grief and loss program—"Hope for the Holidays"—for those who have experienced the death of a loved one. Call for more information.

Camp Hope

Camp offered annually for children and teens who are coping with the death of a loved one. Aims to help them understand that they are not alone and that feelings of loss are important. Must register to attend. Call for more information.

Community Market

3810-C Pepperell Pkwy. (334) 749-8844

Opelika, AL 36801

Contact: Callie Leaver, Acting Director

Hours: 8:30 a.m.-10:30 a.m., M-T (brown bag for senior citizens only)

8:00 a.m.-2:00 p.m., W-F 8:00 a.m.-11:30 a.m., Sat

Food distribution center that serves Lee County families in need. Call for more information/appointment.

Compassus Hospice and Palliative Care

665 Opelika Rd., Suite 200

Auburn, AL 36830

(334) 326-6373

Nurses on call 24/7

Auburn Bethany House

1171 Gatewood Dr., Bldg. 100

Auburn, AL 36830

(334) 826-0032

Website: www.compassus.com/locations/auburn

Provides hospice and palliative care. Call for more information.

Consumer Credit Counseling Service of West Georgia and East Alabama

1350 15th Ave. (706) 327-3239 Columbus, GA 31901 (800) 757-2227

Offers free and confidential money management counseling, financial crisis counseling, budgeting assistance, foreclosure prevention services, credit report evaluations, financial education classes, and debt repayment plans. Serves clients within a 100-mile radius of Columbus. Call for more information.

Cooper Memorial Library

200 S. 6th St. (334) 705-5380 Opelika, AL 36801 Fax: (334) 705-5381

Library Director: Rosanna McGinnis Hours: 8:30 a.m.-7:30 p.m., M-T 8:30 a.m.-6:00 p.m., W-F 9:00 a.m.-5:00 p.m., Sat

9:00 a.m.-5:00 p.m., Sat 1:00 p.m.-5:00 p.m., Sun

Offers Polaris Online Catalog System, genealogy research, reader advisory, 24/7 online resources, 211 assistance with basic needs, meeting space, online library account check, etc. Call for more information.

Covenant House Georgia

1559 Johnson Rd., NW (404) 589-0163 Atlanta, GA 30318 Fax: (404) 832-1282 Hours: 24/7 Youth Direct Line: (404) 713-0954

Provides shelter, intervention, support services, and empowerment for homeless youth in crisis. Open to all youth regardless of race, creed, gender, or circumstances. Call for more information.

Crisis Center of Russell County

P. O. Box 2835 (334) 297-4435 Phenix City, AL 36868-2835 Crisis Center Hotline: (334) 297-4401

Website: www.ccofrc.com

Provides 24/7 confidential Hotline; emergency housing to domestic violence victims/children; peer support, counseling, and advocacy; assistance in obtaining legal, transportation, medical, and financial help; and prevention/education programs. Services free to victims/families. Call for more information.

Crisis Text Line

Text HELLO to 741741

Free, 24/7 support and information. Serves anyone in any kind of crisis (addiction, anxiety, assault, bullying, depression, eating disorders, self-harm, suicide, etc.) You will connect (usually within 5 minutes) with a trained volunteer crisis counselor. You will text back and forth. The goal is to help you find calm. Counselors may just "listen" or may share resources where you can find more help.

Damascus Way Home for Women & Children

1200 11th Ave. (706) 653-2061 Columbus, GA 31901

This is a homeless shelter for women and children. You must obtain a police report from the Columbus Police Department. You will have to complete an intake process. No violent offenders will be allowed. Call for more information.

Diabetes and Nutrition Center of EAMC

2422 Village Professional Drive (334) 528-6800 Opelika, AL 36801 Fax: (334) 528 -3269

Website: www.eamc.org/find-a-service/diabetes-and-nutrition/

The Diabetes and Nutrition Center of East Alabama Medical Center provides a comprehensive diabetes education program for adults and children that includes a combination of diabetes classes and individual medical/nutrition therapy visits. This allows participants to learn from others as well as have one-on-one time with a dietitian or nurse to focus on individual needs. Primary Medical Doctor referral required. Medicaid accepted. Call for more information.

Disabled Veteran Hospital Shuttle Van

Contact: James Locke (706) 594-5822

Shuttle van provides disabled veterans—with morning appointments only—round-trip transportation from Lowe's parking lot in Opelika to the VA Medical Center in Tuskegee. Available Mondays, Wednesdays, and Fridays. Van departs Lowe's at 6:50 a.m. and arrives at the Medical Center at around 7:30 a.m. Van leaves the Medical Center for return trip to Lowe's at 12:00 noon. Call for more information.

Domestic Violence Intervention Center

200 Pepperell Pkwy. 24/7 Crisis Line (collect calls accepted): (800) 650-6522 P. O. Box 2183 (334) 749-1515 Opelika, AL 36875 Fax: (334) 749-2220

Contact: Kathryn Cooper, Program Manager

Email: dvickc@bellsouth.net

Seeks to eliminate violence in the lives of women and children. Provides direct services, such as shelter, hotline, and referrals, to battered women and their children. Serves Chambers, Lee, Macon, Randolph, and Tallapoosa counties. Call or email for more information.

Drake Middle School - Auburn City Schools Dental Clinic

P. O. Box 3270

655 Spencer Ave. (334) 887-1926

Auburn, AL 36830

Contact: Joy Stanley, ACS Dental Supervisor

Regular Hours: 8:00 a.m.-1:00 p.m.

Clinic Hours: as available

Offers free dental care (fillings, etc.) to low-income children in Auburn City Schools, grades K-12. Qualifications for dental services: students who receive free or reduced lunch benefits; students who have no dental insurance; students who are not enrolled in ALL KIDS. To apply, call (334) 887-2100 or go to http://www.auburnschools.org/Page/2577. There is no waiting period. Call for more information.

East Alabama Medical Center (EAMC)

2000 Pepperell Pkwy. (334) 749-3411

Opelika, AL 36801

East Alabama Medical Center Education Center

2027 Pepperell Pkwy. (334) 528-1260

Opelika, AL 36801 Director: Karen Gresham

Support Groups

Go to www.eamc.org/living-well/support-groups for a complete list of EAMC support groups and contact information for each.

East Alabama Mental Health Center

Main Administrative Office (334) 742-2877

2506 Lambert Dr. Opelika, AL 36801

Executive Director: Jamie Herren

Offers outpatient services such as day treatment, counseling services, family and children services, and psychiatric services. Serves Lee, Russell, Chambers, and Tallapoosa counties. Call for more information.

Outreach Services

2500 Lambert Dr. (334) 742-2877 Opelika, AL 36801 Emergencies *ONLY*: (800) 815-0630

Provides services that are crisis-oriented, intensive, brief, and focused. The primary goal of the outreach program is to coordinate emergency and intake services in the most efficient and timely way possible. Call for more information.

Outpatient Services

2506 Lambert Dr. (334) 742-2877

Opelika, AL 36801 Contact: Karen Millander

Offers a wide range of general outpatient services to adults and children who have a diagnosis of a serious mental illness or have a serious emotional disturbance. The primary goal of outpatient services is to assist consumers to achieve, maintain, or return to an optimal level of functioning in the community, and to avoid, whenever possible, more restrictive treatment. This is accomplished by providing a wide range of services to consumers and their families, delivered by a team of qualified staff, including therapists, nurses, case managers, psychiatrists, and nurse practitioners. Psychiatric clinics are scheduled weekly for adults and children at the outpatient clinics. Call for more information.

Lee County Outpatient Clinic
2506 Lambert Dr. (334) 742-2817
Opelika, Al 36801
Russell County Center
3170 MLK Pkwy., South
Phenix City, AL 36867

Family and Children's Services

2300 Center Hills Dr., Building II (334) 742-2112

Opelika, AL 36801 Director: Sarah Cox

Special Deliveries: Caroline May

Provides support services to parents with children up to age 5 and pregnant women; includes parent education groups, case management services, counseling, and information about child development. Programs include: <u>ABC (Actively Believing in Children) Child Development Center</u>—intensive services for toddlers and preschool children with autism or pervasive developmental disorders in an integrated child care setting; <u>CHINS (Child in Need of Supervision) Intervention Program</u>—range of services for Lee County children who have been or are at risk of being adjudicated and who display behavior

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problems such as truancy, breaking curfew, and refusing to follow the rules at school and home; Special Deliveries (Child Abuse Prevention)—parenting education, life skills training, and referral to community therapy resources for pregnant and parenting teens; Substance Abuse Prevention Programs—Parent Power, in-school programs, after-school and summer alternative programs, family strengthening programs, Mommy and Me, and Alliance Counteracting Alcohol and Tobacco Advertising. Call for more information.

Case Management Services

Adult Case Management Services 2506 Lambert Ave. Opelika, AL 36801 (334) 742-2700

Director: Stephanie McClaney

Child Case Management Services Family and Children's Services 2300 Center Hills Dr., Building II (334) 742-2112

Consumer focused strategy for linking seriously mentally ill (SMI) adults, seriously emotionally disturbed (SED) children, and individuals with mental retardation to necessary community support systems and services to improve their chances for recovery and/or successful community living, and reduce the likelihood of consumers needing more intensive services. Most case management services and activities occur on an outpatient basis. The primary goal of case management services is to ensure effective service coordination (i.e., assessment, linkage, support and resource development, advocacy, social support, case planning, service arrangement, reassessment follow-up, and monitoring) that will best meet the consumer's overall human service needs. Call for more information.

Day Services for Adults

Day Services for Adults 2300 Center Hills Dr., Building I Opelika, AL 36801 (334) 742-2124 Russell County Day Services 3170 MLK Pkwy. Phenix City, AL 36867 (334) 298-2405

Day Services Programs for Adults include: Rehabilitative Day Services—Goal-oriented and specifically designed to provide consumers who have a serious mental illness long-term recovery services, with the goals of improving functioning, facilitating recovery, achieving personal life goals, regaining self-worth, optimizing illness management, and helping consumers to become productive participants in family and community life. Intensive Day Treatment—Provides highly structured services for consumers who have a serious mental illness and is designed to prevent more restrictive levels of care such as hospitalization. Adult intensive day treatment is an active, intermediate level of treatment that specifically addresses consumer impairments, deficits, and clinical needs. Treatment focuses on stabilization of symptoms, increasing insight, medication monitoring, goal-oriented therapy, and functional training and skill building. Call for more information.

Day Services for Children

2300 Center Hills Dr., Building II Opelika, AL 36801

(334) 742-2112

Provides day treatment and other therapeutic day services for children and adolescents who have been diagnosed as having a serious emotional disturbance. Call for more information.

Residential Services

2506 Lambert Dr. Opelika, AL 36801

(334) 742-2700

Programs include: Group Training Homes—teach independent living skills to individuals who would otherwise require help with everyday tasks and teach individuals more appropriate adaptive behaviors in an effort to minimize maladaptive behaviors. Supervised Community Living Homes—provide time-limited homes that offer social, supportive, and rehabilitative services designed to assist in stabilizing an individual's mental illness while promoting psychosocial rehabilitation and increasing independent living skills in a home-like atmosphere. Supported Housing—provides supported housing services for adults who have a serious mental illness diagnosis. Supported housing services include case management, basic living skill training, and outpatient services. Foster Care—provides foster care services for consumers who reside in an apartment complex, and contracts with local private home providers for the provision of adult foster care. Call for more information.

BIT (Brief Intensive Treatment) Partial Hospitalization and Crisis Residential Program

1708 Corporate Dr. (334) 742-2871

Opelika, AL 36801 Contact: Laurie Bethune

Provides crisis residential and partial hospitalization services and is certified by the Alabama Department of Mental Health as a designated mental health facility to detain persons who are court ordered to receive inpatient treatment (non-hospital), in accordance with the Community Mental Health Officer Act. BIT services include, but are not limited to, intensive, structured, active, clinical treatment with the goal of acute symptom remission, hospital avoidance, and/or reduction of inpatient length of stay. Also provides crisis stabilization to voluntary admissions. Call for more information.

East Alabama Services for the Elderly, Inc. (EASE)

1300 Commerce Dr. (334) 826-5811 Auburn, AL 36830 Fax: (334) 826-6468

Contact: Sherri Long, Executive Director Email: easehomehealth@bellsouth.net

Home health programs offer homemaker, personal care, and companion services for seniors and/or the disabled. Variety of volunteer programs as well. Foster Grandparent Program provides one-on-one mentors to at-risk youth in school systems, daycares, and hospitals. Retired and Senior Volunteer Program places able seniors in community settings where they can share valuable skills, talents, and life lessons. All EASE staff/volunteers covered by liability insurance and have undergone background checks. EASE also has independent-living apartments for seniors (62+ years). Monthly rent based on income and assets. EASE is a United Way agency. Call or email for more information.

Family Center (The)

1350 15th Ave. (706) 327-3238 Columbus, GA 31901 Fax: (706) 327-5750

Hours: 8:00 a.m.-5:00 p.m. (ET), M-F

Offers information/referrals; health/welfare counseling; marriage/family/individual counseling; group/play therapy; child/parent therapy; consumer credit counseling; and Big Brothers/Sisters program. Some insurances accepted. Sliding fee scale. Call for more information.

Family Enrichment Center of Loachapoka

1 Day Lily St. (334) 826-8848

Loachapoka, AL 36865

Contacts: James Floyd, Executive Director

Mary Avery, Coordinator

Offer recreational, educational, health, and human services programs for entire family. Also offers activities for adults 62 and older. Call for more information.

Family Guidance Center

Lee County Department of Human Resources (334) 737-7820 1715 Corporate Dr. Fax: (334) 705-2642

Opelika, AL 36801

Offers subsidized child care. Call for more information.

Food Bank of East Alabama

355 Industry Dr. (334) 821-9006

Auburn, AL 36832 Director: Martha Henk

Website: www.foodbankofeastalabama.com

Hours: 6:30 a.m.-4:00 p.m., M-F

The Food Bank of East Alabama is a private, non-profit organization that solicits, collects and distributes edible surplus food (including fresh or frozen), salvage food, and some non-food products. These products go to non-profit, tax-exempt agencies or churches that provide meals and emergency food to clients. The Food Bank does not serve individuals. To become a member agency, an organization must be identified by the IRS as a 501 (c) (3) type organization OR be a church or part of an established church AND must distribute the product to those in need without charge. Representatives of organizations may contact the Food Bank for an application. Call for more information.

Goodwill Industries

 3740 Pepperell Pkwy.
 6499 Veterans Pkwy.
 3201 Macon Rd.

 Opelika, AL 36801
 Columbus, GA 31909
 Columbus, GA 31906

 (334) 275-4815
 (706) 324-1330
 (706) 660-5607

Website: www.gwisr.org

Hours: Opelika Store: 9:00 a.m.-8:00 p.m. (CT), M-Sat

10:00 p.m.-6:00 p.m. (CT), Sun

Career Center: 9:00 a.m.-6:00 p.m. (CT), M-Th

9:00 a.m.-3:00 p.m. (CT), F

Columbus Stores: 9:00 a.m.-8:00 p.m. (ET), M-Sat

10:00 a.m.-6:00 p.m. (ET), Sun

Accepts donations of gently used items and offers them for sale at reduced price. Revenue funds mission of connecting people to employment. Provides job coaching, money management and skills classes to facilitate job placement and advancement. Career Center, located inside the Opelika store, offers job leads, computer access, printing/faxing, workshops, resume classes, and more. Services free and available to everyone. Call for more information.

Habitat for Humanity ReStores

3831 Pepperell Pkwy. 1104 280 Bypass #B Opelika, AL 36801 Phenix City, AL 36867 (334) 737-6400 (334) 291-5220

Hours: 9:00 a.m.-5:00 p.m., M-Sat Hours: 9:00 a.m.-5:00 p.m., F, Sat

Email: restore@alabamahabitat.org

Habitat for Humanity ReStores support the work of Habitat for Humanity in Alabama. ReStores are open to the public and sell new and used building materials, home improvement supplies, furniture, appliances, housewares, flooring, etc., at 50%-70% off retail pricing. Call or email for more information.

Harvest Thrift Super Center

2510 Pepperell Pkwy. (334) 705-8858

Opelika, Al 36801 Contact: Greg Boyd

Social Worker: Geneva Walker

Hours: 9:30 a.m.-6:00 p.m., M, T, Th, F

9:30 a.m.-5:00 p.m., W 9:30 a.m.-7:00 p.m., Sat

A Christ-centered, non-profit thrift store for low-income families. Call for more information.

Help Me Grow

2133 Executive Park Dr. (334) 745-5540 Opelika, AL 36801 or 2-1-1

Contact: Chandler Williams

Website: www.helpmegrowalabama.org

Help Me Grow is an affiliate of the national network that connects families to health and developmental resources so children (birth to age 8) can start school healthy and ready to succeed. Performs free developmental screenings by appointment on all children to measure how the child plays, learns, speaks, behaves, and moves. Tracks milestones such as smiling, walking, waving, and talking. Works with parent and child to address any concerns discovered. Call for more information.

HIS Place

 $1415 \ 2^{\text{nd}} \text{ Ave.}$ (334) 703-4050

Opelika, AL 36801 Contact: Jimmy Lynch Hours: 8:00 a.m.-5:00 p.m.

Year-long, live-in Christian drug and alcohol rehabilitation/counseling program for men. Call for more information.

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HomeCare of EAMC

1661 Shug Jordan Pkwy. Auburn, AL 36830 (334) 826-3131

Hours: 8:00 a.m.-4:30 p.m., M-F

Designs a specific plan to help those being cared for achieve their best possible health in the comfort of their home. Delivers quality, compassionate care under direct supervision of the referring physician. Care specialties include Alzheimer's and dementia care; behavioral health nursing; care transitions; chronic disease management; fall prevention; heart disease; home health aides; infusion therapy; medical social work; medication management; nutritional consult (including in-home assessment); occupational therapy; pain management; patient/caregiver training; personal emergency response system; physical therapy; skilled nursing; transition from hospital discharge to home health; speech therapy; and wound, ostomy, and continence nursing. Accepts payment by Medicare, Medicaid, private insurance, managed care organizations, and workers' compensation. Call for more information.

Homeless Resource Network

2221 2nd Ave. (706) 571-3399

P. O. Box 811

Columbus, GA 31902

Website: www.homelessresourcenetwork.org

Hours: 9:00 a.m.-12:30 p.m., 2:00 p.m.-4:00 p.m. (ET), M, T, Th, F

Referral agency; provides programs such as transportation for people experiencing homelessness in shelters and/or on the streets. Also provides a program that helps homeless obtain an ID or birth certificate, which is useful when finding/accepting a job; access to a local phone and an address that participants can use to receive mail; and a storage program where homeless can store their possessions until they find a home. Call for more information.

Hosanna Home

P.O. Box 125 (334) 742-0777

LaFayette, AL 36862 Contact: Crystal Lynch

One-year, live-in program for women age 18 and older who have some kind of life-controlling problem. Accepts pregnant women and women with small children. Program consists of Bible training and training in family responsibility, understanding authority, discipline, and work ethic/skill development—all based on Biblical principles and accomplished in an atmosphere of love. Call for more information.

House of Mercy

1532 3rd Ave.

Columbus, GA 31901

(706) 322-6463

Shelter for homeless men, women, and families. Clothing and furniture available at no charge. Toys provided for the community at Christmas. Computer lab available for job searching. Call for more information.

Hurtsboro Senior Center

733 Railroad St. (334) 667-7577

Hurtsboro, AL 36860

Center Manager: Virginia Smith Hours: 8:00 a.m.-2:00 p.m. (CT), M-F

Offers social activities, recreation and exercise, nutrition/consumer education, transportation, health counseling, home delivered meals, crafts, information and referral. Eligibility: 60 or older or spouse of program participant. Fees: none. Call for more information.

I Am My Brother's Keeper (IAMBK)

555 Old Stage Rd. (334) 728-0309 Auburn, AL 36830 (334) 246-2200

Director: Trellis Smith Email: <u>iambk@ymail.com</u> Website: <u>http://iambkinc.org</u> Hours: 9:00 a.m.–5:00 p.m.

Provides family and youth services that enable disadvantaged youth and at-risk families to become self-supportive and thrive in their homes, schools, and communities. Wide range of programs and activities offered, including tutoring; physical fitness; college and career prep; parent meetings; support groups; art, music, and dance classes; and basketball teams. Call or email for more information.

Joyland Child Development Center

410 Boykin St. (334) 821-7624 Auburn, AL 36830 Fax: (334) 821-7695

Director: Pam Dumas

Email: joylandcdcinc@yahoo.com Hours: 6:30 a.m.-5:30 p.m., M-F

Low-cost daycare for working mothers with children ages 2 ½-12 years. Fees based on income. Call or email for more information.

Jule Collins Smith Museum of Fine Art

901 S. College St. (334) 844-1484

Auburn, AL 36849

Galleries/Shop Hours: 10:00 a.m.-4:30 p.m., T, W, F, Sat, Sun

10:00 a.m.-8:00 p.m., Th

(galleries/shop closed Monday; tours by appt. only)

Café Hours: 11:00 a.m.-2:00 p.m., T-F Admission: Free (subject to total occupancy)

The 40,000 square-foot Jule Collins Smith Museum of Fine Art, constructed of Italian travertine, is itself a work of art. Features a growing collection of approximately 2,500 works of art—ranging from traditional to contemporary—six changing galleries, an auditorium, a café, a gift shop, an Englishinspired formal area and woodland landscape, outdoor sculpture, and landscaped walking paths. Call for more information. Museum facilities can be rented for weddings and other special events. Call for details.

J.W. Darden Wellness Center (The Darden House)

1323 Auburn St. (334) 528-1438

Opelika, AL 36801

Hours: 9:00 a.m.-12:00 p.m., W

Offers free health screenings and health education to the entire community. Everyone—insured, underinsured, and uninsured—is welcome. Walk-ins accepted; appointments preferred. Call for more information.

Kids and Kin Program

Family Guidance Center of Alabama 2358 Fairlane Dr. Montgomery, AL 36116

Website: http://familyguidancecenter.org/services/kids-and-kin-program/

Lee County Contact: Suzanne Shaw (334) 465-0036 Russell County Contact: Jackie Thomas (334) 322-1856

Kids and Kin is a free statewide program that provides support and assistance for grandparents, aunts, uncles, and older siblings who provide child care for their relatives' children. Provides opportunities to learn from experts about a wide range of helpful topics in a small supportive group. Groups are both fun and educational and offer connections to a variety of community services. Call for more information.

Kindred at Home (Home Health Services)

5009 Riverchase Dr., Bldg. 100, Suite D
Phenix City, AL 36867
(334) 297-6900

1921 Whittlesey Rd., Suite 310
Columbus, GA 31904
(706) 649-7990

Provides wide range of rehabilitation and skilled nursing services in the home. Must be ordered by physician. Accepts Medicare and most forms of insurance. Call (770) 951-6450 or one of the numbers above for more information, including information about Kindred hospice and other services.

Lakeview Baptist Church/Internationals Ministry

1600 East Glenn Ave. (334) 887-7094

Auburn, AL 36830 Contact: Jerry Ferguson

Offers conversational English as a Second Language classes to those with any level of English skill. Classes are 6:00 p.m.-8:00 p.m. on Wednesdays during the school year (August to April). Dinner is provided before class (dinner served at 5:15 p.m.) and there are activities for the entire family. Transportation is available between Auburn University and Lakeview. Call for more information.

La Leche League

Meeting Location: (334) 257-3950 Cornerstone Family Chiropractic (205) 746-5530

1755 E. Glenn Ave.

(334) 749-3353

Auburn, AL 36830

Contact: Josie Ettinger or Marcie Gaylor

A non-profit organization that provides breastfeeding information, encouragement and support through peer-to-peer support groups and interaction with parents, physicians, researchers and health care providers. Call for more information.

Lee County Cooperative Extension System

Lee County Agricultural Center 600 S. 7th St., Suite 4 Opelika, AL 36801

County Extension Coordinator: Tara Barr

Website: www.aces.edu/lee

Offers educational services on agriculture and natural resources, home economics, community resource development, and 4-H. Anyone living in Lee County is eligible. Materials are available. Call or go online for more information.

Lee County Department of Human Resources

1715 Corporate Dr. (334) 737-7778 Opelika, AL 36801 After-Hours/Emergencies: (334) 737-7900

Hours: 8:00 a.m.-4:30 p.m. Director: Lisa Kelley

Website: https://dhr.alabama.gov/county-office-contact/

Lee County DHR Child/Adult Abuse, Neglect and Exploitation Services

After Hours Child Abuse Hotline: (334) 737-1111

DHR investigates reports of abuse, neglect and exploitation of children, disabled adults and the elderly. DHR provides services to strengthen families through appropriate, individualized services. DHR also licenses home day care providers for young children, foster care providers for abused children/adults, and adoptive homes for DHR adoptions. Also, general referrals for other community resources such as the Lions' Club are available through the Intake Unit. Call for more information.

Lions' Club Program (Alabama Sight Conservation Association)

Offers referrals on behalf of the local Lions' Club that serves the Lee County area. The Lions' Club provides eye exams and corrective lenses to eligible clients with low income. This service is provided to adults and children with no health insurance. Proof of income/ID required. Call for more information.

Lee County DHR Food Stamp Program (now SNAP-Supplemental Nutrition Assistance Program

Offers food assistance: Note: Emergency food assistance requires that persons in certain crisis situations be issued benefits within seven days. Eligibility: Persons meeting USDA Income and Resource Standards. To apply, visit local agency or go to www.dhr.alabama.gov and complete and return an application. Processing period is up to 30 days if there is not an emergency status. Call for more information.

Lee County DHR Family Assistance and JOBS Program

The Family Assistance Program provides temporary cash assistance to low-income families with children who are under 18 (under 19 if in school). The JOBS Program provides job training, child care, and support services to Family Assistance recipients (and certain former recipients) to assist in moving from welfare to work. Call for more information.

Lee County DHR Child Support Program

Alabama's Child Support Enforcement Program is a federal, state and local partnership designed to get your child the financial and medical support he or she deserves. Can assist in locating the non-custodial parent, establishing paternity, obtaining an order for child support and medical support, enforcing a court order, and collecting and distributing support payments. Call for more information.

Local Disasters Response Services

During a disaster, DHR has responsibility for providing emergency welfare services. DHR collaborates on disaster response with many agencies in the Lee County area. Call for more information.

Lee County Emergency Management Agency

P.O. Box 2769 (334) 749-8161 Opelika, AL 36803-2769 Fax: (334) 749-6058

Director: Rita Smith

Website: www.leecoema.com

Community planning, preparedness, response and recovery coordination. Training on emergency-related topics provided. Community Emergency Response Team (CERT) training also provided. All persons in need are eligible. Call for more information.

Lee County Health Department

1801 Corporate Dr. (334) 745-5765 Opelika, AL 36801 Fax: (334) 745-9830 Hours: 7:30 a.m.-5:00 p.m., M-F For Immediate Assistance: (800) 252-1818

Website: http://www.alabamapublichealth.gov/lee

NOTE: To report a public health emergency after normal business hours or on weekends or holidays, call the Alabama Department of Public Health Center for Emergency Preparedness at (866) 264-4073.

Call for more information. Services include:

Vital Records

Certified birth and death certificates for a vital event which occurred within the State of Alabama are available upon request for a fee. You may get an application and take it to any local county health department in the State of Alabama or mail it along with the appropriate fee to:

Alabama Department of Public Health Center for Health Statistics P.O. Box 5625 Montgomery, Alabama 36103-5625

Clinical Services

- ALL Kids
- Family planning—counseling and birth control
- Women's health—pap smear, breast, and cervical program
- STD Clinic—testing, treatment, counseling, and partner notification; held in Opelika 8:00 a.m.-11:00 a.m., M-F (by appointment only unless emergency)
- WIC (Women, Infants, & Children)—application, voucher issuance, and nutrition counseling; supplemental feeding program for pregnant or breast feeding mothers, infants, and children up to five years old who have certain nutritional problems. Eligibility determined by income and health/nutritional need; open Monday through Friday by appointment.
- Medicaid enrollment
- Vaccinations—influenza and pneumococcal
- Medicaid Assistance Program (MAPS)
- Clinical laboratory testing
- Fee Income Schedule (based on income)
- TeleHealth (remote monitoring for Patient First patients only)
- Nurse Practitioner available Monday, Wednesday, and every other Friday

Home Health Services

- * Skilled nursing services
- * Home health aide services
- Medical social work services
- Therapy services

Environmental Services

- Public health nuisance complaint investigations
- Food service inspections
- Hotel inspections and public pools
- Jail and prison inspections
- Body art facilities inspections
- Camp inspections
- Small and large flow development—applications and permits
- Onsite sewage—applications and permits
- Solid waste facilities and vehicles—applications and permits
- Garbage exemption—applications
- Septic tank, grease trap, and holding tank—applications and permits
- Sewage tank pumper—applications and permits
- Vector control
- Rabies control—testing and bite management
- Private well water testing
- Some environmental services require submission of fee prior to service being performed

Lee County Humane Society

1140 Ware Dr. (334) 821-3222

Auburn, AL 36832

Email: lchs1140@leecountyhumane.org

Hours: 12:00 p.m.-5:00 p.m., T-Sun (closed Monday)

Provides animal rescue, the promotion of responsible animal companionship, and the elimination of pet overpopulation. It is a 501(c) 3 non-profit, open-admission shelter serving Lee County by housing stray and unwanted animals. It also provides adoptions services, educational programs, foster opportunities, volunteer services and community awareness. Call or email for more information.

Lee County Literacy Coalition

1365 Gatewood Dr., #519 (334) 705-0001

Auburn, AL 36830

Contact: Patricia Butts, Executive Director Email: patricia@leecountyliteracy.org Hours: 9:00 a.m.-2:00 p.m., M-F

2:00 p.m.-6:00 p.m. (by appointment)

Provides free, one-to-one tutoring for those that need help with reading, basic math, GED preparation, and FDIC Money Smart training. Money Smart training includes 11 modules that address everything from how to open a bank account to financial recovery. The Literacy Coalition's vision is that "every man, woman, and child in our community will be proficient in reading, writing, and basic math skills." Call or email for more information.

Lee County Youth Development Center

1109 Spring Dr. (334) 749-2996 Opelika, AL 36801 Fax: (334) 745-0503

Contact: Laura Cooper, Executive Director

Hours: 8:00 a.m.-4:30 p.m., M-F

Website: www.lcydc.org

Lee County Youth Development Center (LCYDC) offers a broad continuum of services and interventions focused on at-risk and vulnerable populations. Services provided by LCYDC require referral from one of several sources (i.e., DHR, DYS, Family Court, school personnel). Services include moderate and intensive residential treatment for adolescents, juvenile detention, mentoring (Project Uplift), school intervention/prevention, abstinence education, in-school programs for children in self-care, transitional/extended care for older adolescents, therapeutic foster care, and coaching and counseling services for families in their homes and communities. Call for more information.

Lee-Russell Council of Governments

 2207 Gateway Dr.
 (334) 749-5264

 Opelika, AL 36801-6834
 AGELINE: (800) 243-5463

 Executive Director: Lisa Sandt
 Fax: (334) 749-6582

Website: www.lrcog.com

Regional planning and development organization that serves member governments by managing programs, promoting collaborative efforts, and serving as a clearinghouse for federal, state, and local funds.

Transportation

Auburn-Opelika Metropolitan Planning Organization: Works with the State of Alabama and Federal Highway Administration to carry out the metropolitan transportation planning process for the Auburn-Opelika Urbanized Area. Call for more information.

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Lee-Russell Public Transit: Offers convenient bus schedule and routes. Operates a **Dial-A-Ride** service in designated areas within Lee and Russell counties. Call for more information.

Lee-Russell Rural Planning Organization: Helps facilitate communication between local rural governments and the Alabama Department of Transportation (ALDOT) to allow input from rural areas into ALDOT's decision-making process. Call for more information.

Phenix City Express: Offers convenient bus schedule and routes. Operates a fixed route and para-transit service within the city limits of Phenix City. A fixed route travels into Columbus, GA to drop passengers off at a METRA stop to allow riders to transfer to a METRA bus. Also offers a para-transit service into Columbus for medical visits only. Call for more information.

Job Access and Reverse Commute Program: Seeks to improve the self-sufficiency of individuals with low-income who need transportation to gain and/or maintain employment by connecting them with reliable, safe, and affordable transportation options. For more information, contact Megan McCollough at (334) 528-9203 or mmccollough@lrcog.com.

Area Agency on Aging

Medicaid Waiver Program: Enables eligible blind, elderly, and disabled persons to receive assigned and specialized care in their homes. Allows individuals to avoid or delay their move to a nursing home. Services provided at no cost to participant. Call for more information.

Senior Centers: Operates seven senior centers—four in Lee County and three in Russell County. Centers serve as a community focal point from which an array of services and programs can be channeled to individuals who are 60 or older. The service is free, but donations are accepted. Services include social activities, nutrition education, health counseling, consumer education, recreation and exercise, hot meals, information and referral. Call for more information.

Home Delivered Meals: Eligible senior citizens can receive home-delivered frozen meals, which are delivered once a week. Qualifications are based on need and age (must be age 60 or over). Call for more information.

Ombudsman and Legal Assistance: Investigates complaints and answers questions from seniors and their families concerning nursing homes and assisted living facilities. Clients may speak to an attorney concerning insurance coverage, estate planning, food stamps, and other legal issues. Call for more information.

State Health Insurance Program/Senior Medicare Patrol Program: Provides seniors with consumer education and counseling to help them understand Medicare, Medicaid, long-term care insurance, and other health insurance options. Call for more information.

Preventive Health: Provides health screenings, wellness seminars, nutrition counseling, exercise, medication screening, health assessments, and health promotion at senior centers. Call for more information.

Senior Workers: Provides subsidized, part-time employment opportunities for persons 55 and older who have a limited household income. Goal is to move participants from subsidized job placement to unsubsidized job placement within their community. Call for more information.

Alabama Cares: Provides family caregivers training, assistance, and resources to help them take care of their aging loved ones and themselves. Includes an Alzheimer's Support Group. Call for more information.

Information, Outreach and Referral: Includes health insurance counseling, the Rainbow Book (a list of services for seniors), the Annual Senior Citizens Picnic, and participation in Rebuilding Together of Lee County. Call for more information.

Lee-Russell Aging Foundation: Non-profit foundation accepts donations for Area Agency on Aging programs. Holds fundraising events, such as the Annual Unforgettable Footsteps Mardi Gras Walk/Run (benefits clients with dementia-related illnesses). Call for more information.

SenioRx Prescription Drug Program: Helps those 55 and older receive medications at little or no cost. Also offers Glucerna & Ensure supplemental nutrition, which assists those needing help with supplemental nutrition. Call for more information.

Legal Services Alabama

2567 Fairlane Dr., Suite 200 (334) 832-4570 Montgomery, AL 36116 (866) 456-4995

Website: www.legalservicesalabama.org

Hours: 8:30 a.m.-4:30 p.m., M-F

Serves low-income people by providing civil legal aid and promoting collaboration to find solutions to problems of poverty. Handles civil cases only; no criminal cases. Provides the following: representation on critical legal matters in judicial and administrative forums; timely legal counsel/advice; community education about rights and responsibilities; effective mediation services to help clients keep disputes out of court system; and development/distribution of legal self-help materials and forms. Offices in Dothan, Birmingham, Huntsville, Mobile, Montgomery, Selma and Tuscaloosa. Call for more information.

Macon-Russell Community Action Agency

501 S. School St. (334) 727-6100

Tuskegee, AL 36083

Contact: Angel Walker, Executive Director

Provides various assistance programs and services for Macon County and Russell County residents with low income. Call for more information.

Mercy Medical Clinic

1702 Catherine Court (334) 501-1081 Suite 1-A Fax: (334) 501-1083

Auburn, AL 36830

Hours: 8:00 a.m.-5:00 p.m. M-Th

Provides primary care services at low cost to low-income Lee County residents who do not have medical insurance, Medicaid, Medicare, or VA benefits. Works to find discount/affordable medications for patients. Occasional dental care provided (waiting list for appointments). Screening process for becoming a patient. Call for more information.

MERCY Ministry (Methodist Emergency Relief for Community)

Auburn United Methodist Church 137 S. Gay St.

(334) 826-8800

Auburn, AL 36831

Contact: Linda Bates, Director

Provides assistance with utilities and housing to eligible Lee County residents who are experiencing a financial crisis. (*Note: We are unable to assist Opelika Power Services and Opelika Water Works Board customers.*) Assistance available by appointment only. Call (334) 329-5050 (available 24/7) for appointment and eligibility requirements. Call for more information.

Mission Thrift Store (Life-Savers Ministries)

2051 E. University Dr. (334) 887-5433

Auburn, AL 36830

Hours: 10:00 a.m.-6:00 p.m., M-Sat

Clothing, furniture, etc. available to the community at low costs. Call for more information.

NAMI (National Alliance on Mental Illness) Alabama

200 Ballard Ave. Opelika, AL 36804

Contact: Joyce Cahela (334) 745-5611

Email: <u>jcahelajoyce@gmail.com</u> Website: www.namialabama.org

NAMI – AL State Office (334) 396-4797 1401 I-85 Pkwy., Suite A (800) 626-4199

Montgomery, AL 36106

NAMI is a national grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Provides support groups, educational programs and materials, and public awareness events and activities. Call or email for more information.

Narcotics Anonymous (NA)

NA is an international, community-based association of recovering drug addicts. NA's focus is on the disease of addiction and not a particular drug. As of September 2020, NA meetings were being held at the following area locations (call for meeting dates and times):

Auburn United Methodist Church (334) 826-8800

137 S. Gay St. Auburn, AL 36830

Emmanuel Episcopal Church (334) 745-2054

800 1st Ave.

Opelika, AL 36801

Opelika Addictions Center (334) 742-2112

2300 Center Hill Dr. Opelika, AL 36801

For more information and additional meeting opportunities, call (818) 773-9999, ext. 771, or go to www.na.org/meetingsearch.

National Runaway Safeline

3141B N. Lincoln Ave.

(800) RUNAWAY (786-2929)

Chicago, IL 60657

Website: www.1800runaway.org Email: info@1800runaway.org

Hours: 24/7

Mission is to help keep America's runaway, homeless, and at-risk youth safe and off the streets. Call or email for more information.

Opelika Addictions Center

2300 Center Hill Dr., Building 1

(334) 742-2130

Opelika, AL 36801

Contact: Bronwyn Ramsey, Clinical Director

Intensive outpatient substance abuse treatment. Call for more information.

Opelika Housing Authority

1706 Toomer St. (334) 745-4171

Opelika, AL 36801

Contact: Matthew McClammey, Executive Director

Email: opelikaha@opelikaha.org

Section 8 (Housing Choice Voucher) Program: (334) 745-4433 Opelika Resident 24/7 Hotline: (334) 704-0072

Offers housing assistance, recreation, health, welfare and consumer education counseling. Those with low income and those who are elderly or disabled are eligible. Rent based on income; there is a waiting period. Call or email for more information.

Opelika Parks and Recreation

1001 Andrews Rd. Administration: (334) 705-5560

Opelika, AL 36801

Calhoun Tennis Center (334) 705-5556

1102 Denson Dr.

Opelika, AL 36801

Covington Recreation Center (334) 705-5550

213 Carver Ave. Opelika, AL 36801

Denson Drive Recreation Center (334) 705-5549

1102 Denson Dr. Opelika, AL 36801

Opelika Sportsplex and Aquatics Center (334) 705-5560

1001 Sportsplex Pkwy. Opelika, AL 36801

Offers exercise, sports, year-round recreational programs for all ages, various crafts, and home skills. Offers exercise and ceramics classes periodically. Offers summer day camp, children's theater, and swimming. Also offers facilities for retreats, picnics, etc. Eligibility: all Lee County residents. Call for more information, including rates.

Opelika Police Department

501 S. 10th St. (334) 705-5200

Opelika, AL 36803 Secret Witness Hotline: (334) 745-8665

Chief of Police: John McEachern

Community programs include Citizen's Police Academy, Youth Camp, Crime Prevention Surveys, Neighborhood Watch, DARE, Drug Awareness Talks, School Resource Officers, Pre-K Activities, Crisis Youth Intervention, and McGruff. Call for more information.

Opelika Senior Center

201 Samford Way (334) 745-2679

Opelika, AL 36801

Center Manager: Ardell Henderson Hours: 9:00 a.m.-1:00 p.m. (CT), M-F

Services offered include nutrition, information and referral, home delivered meals, recreation/crafts, education, and outreach. Eligibility: anyone age 60 or older or spouse of a program participant. Transportation available within nine-mile radius of center. Call for more information.

Open Door Community House

2405 2nd Ave. (706) 323-5518 Columbus, GA 31901 Fax: (706) 327-7753

Email: opendoorcommunityhouse@odch.org

Hours: 8:00 a.m.-5:00 p.m., M-F

Services: family oriented activities, transition homes for women, parenting program, GED class, after school program, senior citizen activities, showering for the homeless, clothing ministry, and case management for women. Also offers a summer academy for children. People may come in to take a shower, get a change of clothing, and have breakfast. Eligibility: everyone. No fee. Call or email for more information.

Parenting Assistance Line (PAL)

Website: www.pal.ua.edu (866) 962-3030

PAL is a collaborative service of the University of Alabama Child Development Resources and the Alabama Children's Trust Fund. When callers call the toll-free number, a Parenting Resource Specialist will answer the phone, listen, and then offer helpful information and support. Callers can request free literature about specific parenting concerns. Calls are free and confidential. Parent Resource Specialists are available 9:00 a.m.-4:00 p.m., Monday through Friday. Voice messages can be left anytime. You can also text to the toll-free number or chat from the website. PAL also has a Facebook page with helpful information.

Phenix City Housing Authority

200 16th St. (334) 664-9991

P. O. Box 338

Phenix City, AL 36868-0338 Executive Director: Mary Mayrose

Hours: 8:00 a.m.-1:00 p.m., 2:00 p.m.-6:30 p.m. (ET), M-Th

Offers public housing, housing choice vouchers, resident services, and after-school tutoring. Eligibility varies with program and is dependent on income. Applications for public housing available Monday-Thursday 8:00 a.m. to 6:00 p.m. and on PCHA's website: www.pchousing.org. Availability of Section 8 applications varies. Call for more information.

Phenix City Parks and Recreation Department

1500 Airport Rd. (334) 291-4719 Phenix City, AL 36867 Fax: (334) 291-4735

Director: Todd Hughes

Hours: 8:00 a.m.-5:00 p.m. (ET), M-F

Provides quality leisure services and facilities for Phenix City citizens, including recreational services, athletics, senior citizen programs, municipal parks, facility rentals, amphitheater, riverwalk, golf course, special events, etc. Call for more information.

Phenix City Police Department

1111 Broad St. (334) 448-2800

Phenix City, AL 36867 Emergencies: 911

Chief of Police: Ray Smith

Utilizes high technology to report, track, and prevent crime. Employs the use of computers on a network equipped with the Spillman Public Safety Data System to enable the instant sharing of information between police department, emergency 911 system, and Russell County sheriff's office. Programs offered include: Red Light Safety Program, Smart911, and the Police App. Call for more information.

Phenix City-Russell County Library

1501 17th Ave. (334) 297-1139 Phenix City, AL 36867 Fax: (334) 298-8452

Hours: 9:30 a.m.-6:00 p.m. (ET), M, W, Th, F

9:30 a.m.-8:00 p.m. (ET), T 10:00 a.m.-2:00 p.m. (ET), Sat 1:00 p.m.-5:00 p.m. (ET), Sun

Offers a wide range of fun, educational, and informational resources, programs, and special events for children, teens, adults, seniors, and entire families. Call for more information.

Piedmont Columbus Regional—Midtown

710 Center St. Main Switchboard: (706) 571-1000

Columbus, GA 31901

Services and treatments: weight loss surgery, pediatric emergency medicine, interventional radiology, nuclear medicine, diagnostic sleep tests, general surgery, interventional cardiology, adult intensive care, pediatric radiology, ultrasound, minimally invasive surgery, obstetrics and gynecology, cardiovascular outpatient services, pediatric neurology, CT scan, MRI, robotic services, birthing services, emergency and trauma care, pediatric emergency, PET scan, physical therapy, thoracic surgery. Call for more information.

Pine Grove Church

7235 US Highway 29 North Opelika, AL 36804 (334) 749-8874

Hours: 8:30 a.m.-10:00 a.m., Th

Food assistance offered. Program operates on a first-come/first-served basis. Drive-through service only. Call for more information.

Presbyterian Community Ministry (PCM)

143 E. Thach Ave. (334) 887-3777

Auburn, AL 36830

Coordinator: Mary Turnbull

Offers zero-interest loans to qualifying Lee County residents for utility assistance, emergency home repair, and safe housing-related expenses. Call for more information.

Prescription Drug Programs – Low Cost

Walmart was the first to offer a discount prescription drug program that can provide significant savings on prescription medications. Discount drug programs are now also offered at various area pharmacies (e.g., Kmart, Kroger, Publix, Walgreens, etc.). Some prescriptions even free at Publix. Most discount drugs available are generics. Ask your doctor or pharmacist if your prescribed medication is available as a generic that would meet your medical needs. Call or visit pharmacies' websites for more information.

Prescription Medications—Medicine Assistance Tool

Website: https://medicineassistancetool.org

The Medicine Assistance Tool is a search engine that contains information on approximately 900 public and private assistance programs that help those with financial need get access to medications that have been prescribed to them. There is no charge for this service.

Prime Care Medical Center

203 W. Lee St. (334) 727-7050

Tuskegee, AL 36083

Hours: 8:00 a.m.-5:00 p.m., M-F

Provides pediatric, adolescent medical services. Accepts Medicaid, All Kids. Call for more information.

Project Uplift

191 Cary Hall (334) 844-4430 Auburn University, AL 36849 Fax: (334) 844-4449

Contact: Chris Nunn, Program Coordinator

Email: puplift@auburn.edu

Website: https://cla.auburn.edu/projectuplift/

Project Uplift is a volunteer program in which adult volunteers (mostly Auburn University students) are paired with Lee County school-age children to establish strong and sincere relationships that will help them build constructive, happy lives, thereby decreasing the community's delinquency rate. Lee County children between the ages of 5 and 12 are eligible for services and can be referred by a school, a social service agency, or a family member. The program is part of the Lee County Youth Development Center and receives office space and in-kind services through a contract with the Auburn University Department of Psychology. Services are free. Call or email for more information.

Rape Counselors of East Alabama

Executive Director: Vickie Dearing (334) 741-0707

24-Hour Hotline: (334) 705-0510

Provides free and confidential services to victims of sexual assault and their families and friends. Also provides education, prevention, volunteering, and victim advocacy services. Call for more information.

Regional Poison Center

Available 24/7 for poison information. State of Alabama: (800) 292-6678

National Number: (800) 222-1222

Russell County Cooperative Extension System

508 14th St. (334) 298-6845

Phenix City, AL 36867

County Extension Coordinator: Jennifer Davidson

Hours: 8:00 a.m.-12:00 p.m., 1:00 p.m.-5:00 p.m. (ET), M-F

Delivers research-based educational programs that enable people to improve their quality of life and economic well-being. Programs offered in areas of agriculture, forestry, wildlife, natural resources, economic and community development, family and health, home and garden, and 4-H youth development. Call for more information.

Russell County Department of Human Resources

1003 25th Ave. (334) 214-5780 Phenix City, AL 36869-5349 Fax: (334) 214-5814

Hours: 8:00 a.m.-4:30 p.m. (ET), M-F

Director: Allison Bryars

Family and child services, TANF/JOBS information, child support, child and adult protective services, SNAP/Food Stamps assistance, etc. Call for more information.

Russell County Health Department

1850 Crawford Rd. (334) 297-0251 Phenix City, AL 36867 Fax: (334) 291-5478

Hours: 7:30 a.m.-5:00 p.m. (ET), M-F

Offers vital records, clinical services, home health/environmental services, etc. Call for more information.

Russell County Mental Health Center

3170 Martin Luther King Jr. Pkwy., South Phenix City, AL 36869

(334) 298-2405

Provides services in the areas of mental illness, substance abuse, intellectual disabilities, family and children, and case management. Also provides outreach, therapy, counseling, education, information and referral, liaison with other agencies, diagnostic evaluations, etc. Call for more information.

Russell County Senior Center

540 Highway 165 (334) 855-0637

Ft. Mitchell, AL 36856

Center Manager: Patricia Johnson Hours: 9:00 a.m.-1:00 p.m. (ET), M-F

Services offered include nutrition, information and referral, home delivered meals, recreation/crafts, education, and outreach. Eligibility: anyone age 60 or older or spouse of a program participant. Transportation available within nine-mile radius of center. Call for more information.

SAFE Harbor

1206 Student Center 24/7 Crisis Number: (334) 844-7233

Auburn University

Email (for non-emergencies): safeharbor@auburn.edu.

SAFE Harbor is a free, confidential service for students, faculty, and staff of Auburn University who are impacted by power-based personal violence (e.g., sexual assault, dating and domestic violence, stalking/harassment, etc.). Provides support and information about on- and off-campus services, including counseling, medical care, Title IX reporting, legal reporting, and academic accommodations. Email for more information.

Saint Vincent de Paul Ministry of Saint Michael's Catholic Parish

1100 North College St. (334) 887-5540

Auburn, AL 36830

Contact: Mrs. Rudi DiPrima

Provides assistance to those in need in the Auburn area—especially children and the elderly. Programs include a food pantry, holiday food boxes, utility and hardship assistance, assisted living visits, and personalized prayer. Call for more information.

Salvation Army

Services include emergency shelter, thrift stores, drug-alcohol rehab, rent/utilities assistance, clothing, food, disaster relief, character building, youth programs, etc. Call or email for more information.

Lee County Area

1038 Opelika Rd. (334) 826-0442

Auburn, AL 36830

Contact: Annabelle Tsui, Director

Email: annabelle.tsui@uss.salvationarmy.org Hours: 9:00 a.m.-5:00 p.m. (CT), M-Sat

Columbus, Georgia, and Russell County, Alabama Area

5201 Warm Springs Rd. (706) 561-9026

Columbus, GA 31909 Contact: Jason Smith

Email: jason.smith@uss.salvationarmy.org Hours: 8:30 a.m.-4:30 p.m. (ET), M-F

Senior RX

This program helps senior citizens with prescription costs. (800) 243-5463

Smile-A-Mile

1600 2nd Ave., South (205) 323-8427

Birmingham, AL 35233

Chief Executive Officer: Bruce Hooper

Website: www.smileamile.com

Smile-A-Mile provides year-round programs for children in Alabama who have or have had cancer. There is no cost to the families to participate in the programs, which include seven camp sessions, one-day programs, teen trips, as well as an inpatient hospital outreach program to serve children at Children's Hospital in Birmingham who may be too sick to attend camp programs. Call for more information.

Smiths Station Baptist Church

2460 Lee Road 430 (334) 297-4932

Smiths Station, AL 36877

Offers food pantry and clothes closet programs. Available 1:00 p.m.-3:00 p.m. (ET) every Tuesday. By appointment only. Must provide photo ID, proof of residency, and proof of income. Call to make an appointment and for more information.

Smiths Station Senior Center

3072 Lee Road 242 (334) 297-9101

Smiths Station, AL 36877

Center Manager: Johnnie McCory

Offers nutrition, information/referral, recreation/crafts, education, exercise classes, and outreach. Eligibility: anyone 60 or older or spouse of program participant. No fees. Call for more information. Copyright ©2020, Alabama Council on Human Relations, Inc. All rights reserved. September 2020

Social Security Administration

1800 Corporate Dr. 2454 E University Dr. Opelika, AL 36801 Auburn, AL 36830

(877) 512-3857 (both locations)

Website: www.ssa.gov

Hours (both locations): 9:00 a.m.-4:00 p.m., M, T, Th, F

9:00 a.m.-12:00 p.m., W

Applications for social security numbers, retirement/disability benefits, etc. Call for more information.

Southeast Alabama Sickle Cell Association, Inc.

4201 W. Martin Luther King Hwy. (334) 727-6120 Tuskegee, AL 36083 (800) 854-1367

Contact: James Arrington, Executive Director

Hours: 8:00 a.m.-5:00 p.m., M-F

Mission is to stimulate and develop awareness concerning sickle cell hemoglobinopathies, thereby promoting positive health attitudes concerning sickle cell testing, counseling, and education. Offers client advocacy and referrals, job retention/employment counseling, regional clinic, transition services, support network, community screenings and genetic counseling, mentor program, financial assistance, transportation assistance, summer camp, tutorial services, athlete screening/counseling, public education and health fairs, case management, and newborn screening. Call for more information.

Southern Union State Community College

Wadley Campus (256) 395-2211

750 Roberts St. Wadley, AL 36276

Opelika Campus (334) 745-6437

301 Lake Condy Rd. Opelika, AL 36801

Valley Campus (334) 756-4151

321 Fob James Dr. Valley, AL 36854

In addition to offering various classes leading to an A.A. Degree, Southern Union works in cooperation with various school systems and other local agencies to offer Adult Education (AE) classes at no charge. AE classes provide instruction in basic literacy, all primary and secondary academic skills, preparation for the GED test, and ESL. Call for more information.

Summerville Baptist Church Food Closet Ministry

Summerville Baptist Church (334) 298-4416

3500 Summerville Rd. Phenix City, AL 36867

Administers a food assistance program every Tuesday starting at 9:00 a.m. to those in the Phenix City area. Spiritual counseling, referrals, and volunteer opportunities also available. Call for more information.

The Bridge Church

1000 Lee Road 263 (334) 742-0144

Cusseta, AL 36852

Email: info@tbcbeulah.com

Food Pantry offered on Tuesdays for eligible low-income individuals and families. You don't need an appointment. Call or email for more information.

Timothy Manor

2016 Waverly Pkwy. (334) 749-4400

Opelika, AL 36801

Hours: 8:00 a.m.-4:00 p.m., M - F

Offers subsidized housing for low-income elderly (one-bedroom apartments). Must be at least 62 and meet income requirements. Call for more information.

Tuskegee Quality Health and Dental Care

1201-B Notasulga Rd. (334) 727-7211 Tuskegee, AL 36083 After Hours: (888) 490-0131

Hours: 8:00 a.m.-5:00 p.m., M, T, Th, F

8:00 a.m.-9:00 p.m., W

Provides medical services, dental services, health education/behavioral services, on-site pharmacy services, and telemedicine services. Blue Cross, Medicare, Medicaid, and most private insurances accepted. Sliding fee scale discounts based on income and family size available upon eligibility approval. Call for more information.

Twin Cedars Child Advocacy Center

1810 Corporate Dr. (334) 705-0770 Opelika, AL 36801 Fax: (334) 705-0741

Contact: Katherine Cochrane, Program Coordinator

Email: kcochrane@twincedars.org

The two-fold purpose of Twin Cedars Child Advocacy Center is to: 1) raise awareness so that all cases of child sexual and physical abuse in Lee and Macon counties can be reported, investigated, and treated; and 2) facilitate a multi-disciplinary team and coordinated systems approach to child abuse investigations which ensures that systems designed to protect children do so effectively. Serves sexually and physically-abused children in Lee and Macon counties. Serves both male and female clients ages 3-17. Call or email for more information.

United Way of Lee County

2133 Executive Park Dr. (334) 745-5540

Opelika, AL 36801

Contact: Rebecca Benton, Executive Director Email: becky@unitedwayofleecounty.com

Hours: 8:00 a.m.-4:00 p.m., M-F

Call: 2-1-1 or (888) 421-1266

Project Share Program

Assists qualified elderly and disabled individuals in Lee County facing financial challenges with a payment on a power bill. Program is generally offered during heating season, December 1-March 31, and cooling season, June 1-September 30. To qualify for assistance, recipients must meet both financial and situational eligibility criteria and be 60 years of age or older and/or on total (100%) disability. Call for more information.

William Mason Emergency Fund

Emergency funding only for individuals or families who have suffered a recent financial hardship. Provides prescription medication assistance for individuals without prescription insurance. Propane assistance from October 1-February 28. Eligibility: Proof of financial hardship and Lee County residency. Application procedure: by appointment only. Client will be notified of required documentation needed to receive assistance at time appointment is scheduled. Call for more information.

2-1-1 Community Connections

Free, easy-to-remember telephone number that provides access to health and human services resources to individuals from all walks of life but, most importantly, to vulnerable populations. 2-1-1 links callers to basic human needs services, physical and mental health services, employment support, support for seniors and people with disabilities, support for children and their families, support in times of disaster, and volunteer opportunities. Calls are directed to confidential call centers throughout Alabama. Serves all Alabama counties. Provides information and referral services. Call for more information.

Opelika Share Program

Assists qualified elderly and disabled individuals facing financial challenges with a payment on an Opelika power bill. Program is offered during heating season, December 1-March 31, and cooling season, June 1-September 30. To qualify for assistance, recipients must meet both financial and situational eligibility criteria and be 55 years of age or older and/or on total (100%) disability. Call for more information.

Unity Wellness Center

 122 N. 20th St.
 (334) 749-3593

 Building #26
 Fax: (334) 749-3594

 Opelika, AL 36801
 Lab Fax: (334) 749-0393

Hours: 8:00 a.m.-4:30 p.m., M-F

Clinic Hours: 8:00 a.m.-4:30 p.m., T, W, Th

Provides HIV testing (free), counseling, prevention education, case management, pharmacy services, primary medical care, links/referrals to community resources, health insurance counseling, etc. Walk-ins accommodated per staff availability, but appointment strongly recommended. For an appointment, call (800) 799-4967 or (334) 749-3593, ext. 215. For HIV testing, ext. 207. Call for more information.

Valley Interfaith Promise, Inc.

P.O. Box 1141 (706) 494-6348 Columbus, GA 31902 Fax: (706) 494-6346

Email: valleyinterfaithpromise@gmail.com

Provides shelter, meals, and support services to homeless families with children in the Chattahoochee Valley area. VIP provides shelter, meals, transportation, and other vital support services through partnerships with local agencies, businesses, congregations, and individuals. Its goal is to help homeless families get back on their feet by assisting them with finding housing, employment, and more. Call or email for more information.

Veterans Affairs

Lee County:

205 S. 10th St., Room 108 Opelika, AL 36801 (334) 737-3626

Hours: 7:30 a.m.-4:30 p.m. (CT), M-F

Website: www.va.gov

Russell County:

1000 Broad St. Phenix City, AL 36868 (334) 298-7767

Hours: 8:00 a.m.-5:00 p.m. (ET), M-F

Services offered include filing for compensation and pensions for veterans, widows, and children; hospital outpatient treatment; insurance; headstone and burial allowance; education/on-the-job training; disability letters; orthopedic appliances; free notary service for vets and beneficiaries; and geriatrics. Eligibility: veterans. Fees: none. Call for more information.

Women's Hope Medical Clinic

832 Stage Rd. (334) 502-7000 Auburn, AL 36830 Text: (334) 715-0763

Website: www.womenshope.org Hours: 9:00 a.m.-5:00 p.m., M-F

Provides accurate, helpful information in a compassionate environment to empower life-affirming choices that change lives. Services offered include free, confidential pregnancy options information, adoption information, adoption agency referrals, maternity and infant supplies, medical referrals, parenting education, post-abortion support, pregnancy tests, support for men, and ultrasound (onsite). (Note: Women's Hope does not use ultrasound scans to determine gender or diagnose abnormalities and does not offer or refer for pregnancy termination and birth control.) Walk-ins welcome for pregnancy testing during business hours. An appointment must be made for STD/STI testing. Call or text for more information.

Hotline Numbers

2-1-1 Connects Alabama (Needs Resources)	211 or (888) 421-1266
Alabama HIV/AIDS	(800) 228-0469
Alcoholics Anonymous	(334) 521-2676
Child and Family Services	(334) 737-7788
Child Protective Services (After Hours)	(334) 737-7900
Domestic Violence Intervention Center	(800) 650-6522
Domestic Violence Hotline	(800) 799-7233
Elder Abuse Hotline	(800) 458-7214
Health Care Facility Complaints	(800) 356-9596
Homeless Resource Network	(800) 341-9371
Parenting Assistance Line	(866) 962-3030

Partnership for Prescription Assistance	(888) 477-2669
Pregnancy Helpline	(866) 942-6466
Rape Counselors of East Alabama	(334) 741-0707
Substance Abuse Services	(800) 815-0630
Suicide Prevention	(800) 784-2433

Important Dates & Numbers

Head Start/Early Head Start Sign-Up Period: March 1-May 31. Staff continue to take applications after May 31, but there usually is a waiting list, so earlier is better.

Voter Registration: Go to www.alabamavotes.gov or call (800) 274-8683 (Note: To vote in a particular election, the last day to register to vote or update your voter registration is the 15th day prior to the election.)

Probate Judge's Office Hours: 8:30 a.m.-4:30 p.m., M-F

Handy Numbers:			
T. K. Davis Justice Center	(334) 737-3526	Probate Judge (Lee County)	(334) 737-3670
Auburn Water Works Board	(334) 501-3050	Alabama Power	(800) 245-2244
Opelika Utilities Office	(334) 705-5500	Spire (formerly Alagasco)	(800) 292-4008
Important Numbers:	<u>Fire</u>	<u>Police</u>	
	(NOTE: CALL 911 FOR ALL EMERGENCIES)		
Auburn	(334) 501-3110	(334) 501-3100	
Opelika	(334) 705-5300	(334) 705-5200	
Phenix City	(334) 448-2817	(334) 448-2800	
Lee County		(334) 749-5651	
Russell County		(334) 298-6535	
Macon County		(334) 727-2500	
Chambers County		(334) 864-4333	
Other Important Numbers	Lee County	Russell County	
Alabama Council/Head Start	(334) 821-8330	6 (334) 821-8336/667-	0001
Child Abuse	(334) 737-790	0 (334) 298-6535	
Child Find	(800) 543-309	8 (800) 543-3098	
Battered Women's Shelter	(334) 749-151	5 (334) 297-4435	
Department of Human Resources	(334) 737-777	8 (334) 214-5780	
East Alabama Mental Health Cente	r (334) 742-2877	7 (334) 742-2877	

Name	Office#	Home#
Your Doctor:		
Poison Information Center	(800) 222-1222	(800) 292-6678
County Health Department	(334) 745-5765	(334) 297-0251